



52 Boyden Road  
Suite 209  
Holden, MA 01520  
Phone (508) 829-1213  
Fax (508) 829-1266  
Email:  
dosipov@oriolhealthcare.com

# Press Release

Contact: Debby Osipov  
Director of Marketing & Community  
Relations, Oriol Health Care

FOR IMMEDIATE RELEASE  
In Medical/Events 10/26

## **HEALTHY CHOICES FOR THE HOLIDAYS**

WEST BOYLSTON – OAKDALE REHABILITATION & SKILLED NURSING CENTER WILL HOST A FREE DINNER AND PROGRAM ON HEALTHY CHOICES FOR THE HOLIDAYS ON NOVEMBER 8<sup>TH</sup> FROM 6 – 7:30PM. REGISTERED DIETITIANS WILL DO A COOKING DEMO AND DISCUSS HEALTHY CHOICES FOR HOLIDAY MEALS WITHOUT GIVING UP FAVORITE FOODS. A LIGHT TURKEY DINNER AND PUMPKIN MOUSSE DESSERT WILL BE SERVED. PLEASE RSVP TO DEBBY AT 508-829-1213 OR DOSIPOV@ORIORLHEALTHCARE.COM