



Diabetes Education & Support Group

Presented by



*UMass Memorial
HealthAlliance-Clinton Hospital*

Join us at **Holden Rehabilitation & Skilled Nursing Center** for these informative and relaxed meetings presented by health care professionals in diabetes from the **UMass Memorial HealthAlliance-Clinton Hospital Diabetes & Nutrition Center**. These meetings are being provided to help the general public with their questions and concerns about diabetes and diabetes management. Each meeting will offer advice on a different diabetes related topic. Questions and discussions are encouraged! Dinner will be provided. Free and open to the public, families, staff and residents. Your reservation will be appreciated so that we may plan our meal and materials accordingly.

FALL SERIES 2018 DATES ~ ALL MEETINGS 6 - 7:30pm

UMass Memorial HealthAlliance-Clinton Hospital Presenters

September 6th – **Healthy Habits for Good Nutrition**; Presented by Rachael Sharpe, RD, LDN

October 4th – **Diabetes Overview** November 1st – **Diabetes Resources**

October & November Presented by Erika Damon, RD, LDN, CDE

Dinner at 6pm and speaker immediately following. Questions encouraged!

32 Mayo Drive, Holden ~ In the Community Room! RSVP 508-829-1213

This program is provided as a public service by the Oriol Foundation— More programs listed at www.oriolhealthcare.com or become a Facebook fan