



Spring 2019 Community Connections



What Oriol Health Care is doing in your community!

Wachusett Chamber Ribbon Cutting Ceremony



April
2019



Christine Oriol-Mahoney, Sam Frempong & Kristin Sheehan



The official ribbon cutting ceremony for Oriol Home Health was recently held in the lobby of their offices at 52 Boyden Road, Holden. Clinical Manager Christine Oriol-Mahoney is excited to bring the continuum of care to our community! Patients that discharge from our rehab centers may choose to continue the Oriol standard of care at home. (*certain conditions apply)

When home health patients are ready for outpatient therapy, they can return to Oriol Therapy Services for their sessions! Also, for community member of any age that need some extra help at home—chores, cooking, maybe just companionship - we now also have Oriol At Home non-medical services. This would be a great service to gift to that person that may be a caregiver, recovering, or someone living independently. If you know someone that may benefit from these services, please contact the Oriol Home Health /Oriol at Home office at 508-829-1124.



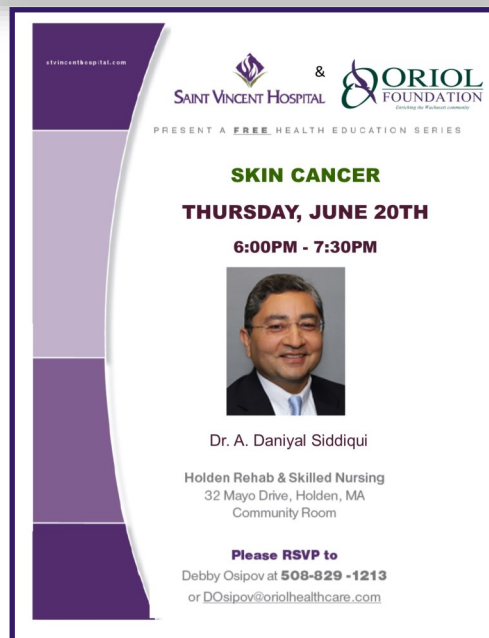
facebook



Save the Date! 2nd Annual Flea Market & Food Truck Fundraiser 9-29-19 !



Please consider joining us for any of our **Community Health Education Programs!** These informational talks are a great resource for learning presented by health care professionals that are happy to answer your questions. A light home-cooked dinner is included at all evening programs. All programs are free and open to the public of all ages!



www.OriolHealthCare.com



HOW CAN **ORIO**L HEALTH CARE HELP **YOUR** COMMUNITY? LET US KNOW !
 Debby Osipov Director of Community Relations & Marketing at 508-829-1213
 or email: DOsipov@oriolhealthcare.com

facebook

Visit us on the web at : www.oriolhealthcare.com
 Oriol Health Care - *Our Family Taking Care of Yours*

Find us on Facebook and "like" our page to get our updates delivered to your page!

ORIOL HEALTH CARE presents: **SENIOR FITNESS CLASSES** *with Marty*



Join our free and fun fitness program for seniors! **Oriol Senior Fitness** is a one-hour class providing exercise and education for any level participant! The goal of the class is heart and circulation health, strong flexible muscles, improved balance and yoga bliss! Oriol Health Care pays the cost of class instruction and materials to promote wellness and fitness for our community seniors! You will enjoy this experience and leave with a smile! Local classes have grown in popularity so come and join us and make a move towards wellness with Marty! Drop-ins and beginners welcome!

Six classes available ! All FREE !!

Class Schedule ~ **Day classes 10:00-11:00am**

At the following COA offices:

Mondays ~ Sterling COA

Tuesdays ~ Princeton COA

Thursdays ~ Paxton COA

Fridays ~ Rutland COA

Also Fridays ~ Holden COA

1:15—2:15

CHAIR YOGA ! 12:45—1:30pm

Wednesdays ~ West Boylston

Senior Center—Prescott St

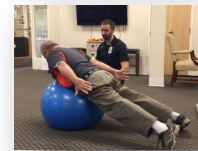
Find and "Like" us on Facebook!
 We now have **THREE** Facebook
 pages for you to follow our events!

- ♦ Oriol Health Care
- ♦ Oriol Therapy Services
- ♦ Oriol Foundation

Soon, we will have a page for Oriol
 Home Health as well!



Oriol Therapy Services
 at Holden
 Rehabilitation
 provides
OUTPATIENT
 Speech, occupational
 & physical therapy
APPOINTMENTS !
 Call 508-829-1194



We take reservations for our short term
 rehab stays. If you are planning a surgery
 or hospital stay, contact us before going
 in to arrange your stay with us for a
 smooth transition to recovery. We also
 provide respite stays for those that may
 need a little break in caregiving.

*Have you ever nominated a staff member
 for a Shining Star award? Please consider
 sharing your thoughts of great service or
 kindness. Each nursing center has forms
 in the lobbies. Winners chosen monthly
 from your votes in the nomination boxes!*

Our next American Red Cross Blood Drives:

- ♦ Oakdale dining room on May 29th from 2 - 7PM
- ♦ Holden community room June 6th 12 - 6PM
- ♦ \$5 Amazon Gift Cards to donors at both drives!

Book your appointment RedCrossBlood.org

Please bring donor card and/or positive ID.



American Red Cross

*For Admission information or tours of any of our facilities call our Admissions Team at 508-829-1111
 Or email : admissions@oriolhealthcare.com*