

76 North Main Street  
West Boylston, MA  
01583  
508-835-6076



# Welcome



Name:

Room Number:



*Oakdale Views of  
Wachusett Reservoir  
Taken by David Oriol*

## *A message from your Administrator ~*



*At Oakdale, we want you to enjoy the comfort of small town values while being assured that you are cared for by a team of caring professionals. We consider our staff and residents to be our extended family.*

*Our focus is quality resident care in a comfortable setting. We have state-of-the-art private and semi-private rooms, restaurant style dining, and activities to accommodate you as well as your family when they visit.*

*For over 50 years, my family has provided health care for the local community. We have always done so with a helpful atmosphere in mind. My door is open to you when you need me. Welcome home.*



**Nathan Oriol, Administrator**

Phone: 508-835-6076 Extension 3607

Email: [Nathan.Oriol@OriolHealthCare.com](mailto:Nathan.Oriol@OriolHealthCare.com)



## *“Our Family Taking Care Of Yours”*

For over 50 years, the Oriol Health Care family and staff have provided quality health care and rehabilitation services to the local community at all three of their facilities. Oriol Health Care continues to be family owned and operated as it was when established by founder Eugene L. Oriol in 1965. Our facilities operate consistent with Mr. Oriol’s vision for providing health care that is comfortable and dignified for our residents, and rewarding for our professional and dedicated employees.

Oriol Health Care is invested in the future of our community and remains dedicated to caring for local families as their health care needs change. Oriol Therapy Services was formed by our in-house team of professionals to provide a comprehensive rehabilitation program 7 days a week. Our goal is to continue the tradition of outstanding quality care and to help educate the community to make wise health care choices.



## Directory

Direct Dial Access Call 774-450-\_\_\_\_\_ and enter the extension number

### **Administrator**

Nathan Oriol ..... Ext 3607

### **Director of Nursing**

Cynthia Snyder, RN.....Ext 3612

### **Recreation Director**

Ildi Kolonusz..... Ext 3617

### **Director of Rehab**

Tracy Thomasino..... Ext 3640

### **Director of Dining Services**

Randy Tremble ..... Ext 3622

### **Maintenance/Housekeeping/Laundry**

Jay Kublbeck ..... Ext 3630

**Reception/Information** ..... Ext 3614

### **Social Service Office**

Karin Brown and Becky Gardner .....Ext 3613

# Information on Your Stay

## **Welcome!**

Thank you for choosing Oakdale Rehabilitation & Skilled Nursing Center. Within the first 24 to 48 hours of your admission, you may expect to be evaluated by our clinical team, including nursing and therapy, and by your attending physician. You and your family will also be contacted to schedule an appointment for completion of an admission packet within the first few days of your stay. The admission packet takes approximately one hour to complete. This paperwork is necessary for us to provide medical treatment and obtain authorization from your insurance or payer source. Upon completion of the admission packet, a copy of the documents you sign will be made for your files. We will also make a copy of your insurance cards and ask that you furnish a copy of any previously completed Health Care Proxy and Durable Power of Attorney-Finances forms.

Our Social Services department will schedule a “Goals Meeting” with you and your family within the first week of your stay if you are here for short term rehabilitation. This meeting will allow our team to discuss goals and discharge planning or plan of stay with you and your family. If you are here for long term care, you will receive notification of your “Care Plan Meeting” to occur approximately three weeks into your stay.

**Oriol Therapy Services** is proud to offer physical therapy, occupational therapy and speech and language pathology services. You will be screened by our therapists after admission. Upon completion of these evaluations, an individual treatment plan of care will be established to help you achieve your optimal level of functioning and goals. We look forward to seeing you in our gym!

Our Registered Dietitian will visit you soon after you arrive to discuss your dietary needs. One of our team members will also assist you in selecting your daily menu choices. If you are not interested in the daily choices, you may select from a list of “always offered foods” available at each mealtime. Please refer to your Dining Services Guide for more information.



The Resident Life department will be in to visit with you after admission. They will give you a calendar of the activities for the month and ask you about your interests. We offer a variety of activities 7 days a week such as music programs, bingo, Resident Council and painting classes. If you would like to speak with a Priest, Pastor or Rabbi please contact our Resident Life Director. A variety of services are held each month.

We have Wi-Fi access available anywhere within the facility. You may use your personal laptop to access our public wireless network: OHC\_Public. When you open your web browser, you will be asked for your email address before accessing the internet

If you wish to have your laundry done here at the facility, please inform nursing so that we may send your clothing to our laundry to be labeled with permanent marker on the clothing tags. If you prefer for family to do the laundry please inform the nursing staff so that a sign may be placed in the closet to notify staff of your wishes.

### **Safety Matters!**

- Please sign the guest book in the lobby upon arrival
- Please do not leave any smoking materials for the residents. This includes candles and matches. Oriol Health Care facilities and campuses are smoke-free.
- Please do not be alarmed. We perform fire and disaster drills once a month on different shifts.
- Please do not bring in a television larger than a 32" flat screen LCD/ Plasma. It must not overhang the top of the bureau.
- Please do not place items (pictures, cards, stuffed animals) on top of the over bed light fixtures. They could fall on your loved ones and they also pose a fire hazard.
- No power strips or extension cords are allowed per DPH.

If you have any care concerns to be addressed, please ask to speak with the Unit Manager or the nursing supervisor on duty. Our social workers will also be happy to assist in addressing issues or concerns.

*Thank you !*



## Services Available To You



### **Recreational Services**

A wide variety of activities are offered throughout the day, including evenings and weekends. A monthly calendar of events is posted in each room so that you may choose the programs that interest you. If you prefer independent activities in your room, we have many books for loan as well as cards, puzzles and craft supplies. Your families are always welcome and encouraged to join you in group activities. Local professional entertainers and community groups bring their programs to our home for your enjoyment. Events such as our Candlelight Dinners, Holiday parties and annual Pig Roast bring many families together here. Pet visits may be allowed but must be discussed with Resident Life Director prior to visit.

### **Barber/Hair Salon**

Our hair salon is located off the main activity room. The hairdresser is available by appointment. These services are not included in the daily rate. Please see the Resident Life Director for rates and appointments, or visit the Salon.

### **Dining Services**

We encourage you to socialize during your stay and enjoy your meals in our main dining room near the entrance to the building. You may choose the option of eating meals in your room. Meals are served at approximately 8:15AM, 12:15PM and 5:00PM. We offer a variety of dishes daily and special choices upon request. Snacks are also available. Our Registered Dietitian is here during the week for consultations.



## **Guest Dining Services**

Guests are welcome to come join their family members. Guest meal trays are available for a nominal charge. Our dining services staff are pleased to assist you with custom private dining and catering special family gatherings or birthdays.

## **Housekeeping and Laundry Services**

All resident rooms are cleaned daily. You may choose to have your laundry done here at Oakdale or have it taken home by family for laundering. We recommend each resident have seven days worth of clothing that is comfortable, machine washable/dryable, color fast and clearly labeled with the resident's name. We are not equipped to launder "dry clean only" items.

## **Maintenance and Building Services**

Our staff will assist you with hanging items on your wall. For safety reasons, please notify us when any electrical items are brought in so that our maintenance staff may inspect and approve them before they are used. Halogen lamps, power strips & extension cords are not permitted in our building. Please contact maintenance about obtaining a UL1363 power strip if needed.

## **Nursing Services**

The nursing department at Oriol Health Care believes that every resident deserves to be treated with respect and dignity. Our experienced nursing staff strives to provide quality care and are focused on patient-centered care in a comforting environment. Please feel free to ask your nurse, physician or nurse practitioner about your plan of care.

## **Rehabilitation Services – Oriol Therapy Services**

Oakdale offers Speech Therapy, Occupational Therapy and Physical Therapy services. Our dedicated staff will provide cohesive individualized treatment plans to address the needs of each resident and promote improved physical function.

We offer some of the latest modality interventions including ultrasound, diathermy and electrical stimulation to optimize resident recovery and increased levels of independence.

After your discharge, we can help maintain and encourage optimal function , safety, health and wellness through our outpatient therapy services.

## **Social Services**

Our Licensed Social Workers are available to assist you with social, financial, or discharge concerns. Social Workers are available Monday through Friday.

## **Spiritual/Religious Needs**

Many local churches hold services in the facility each month. Communion visits are offered weekly. Clergy visits can be coordinated with Resident Life Services. Please check your activity calendar for the current schedule.

## **Telephone and Television**

Telephone and cable service are included in your first 60 days of stay. Equipment (telephones and televisions) and further service arrangements must be made with Patient Concierge.



## Helpful Information

*The involvement of family and friends is important to the social and mental well being of the residents. This has a profound influence on their physical well being. We present these tips in order to promote a better experience.*

- Wi-Fi is available throughout the building.
- Notary Public service is available.
- Pets are welcome. (Please see Pet Policy)
- Family gathering space is available for special events upon request.
- Lock box keys are available upon request.
- All medications must be left with Nursing.
- Our campuses are smoke free. No smoking/vaping materials are allowed.
- Visit and “Like” our Facebook page

Please read your “Resident Guidebook” for resident rights and useful information.

Area Ombudsman:

**Steven Howard**

Worcester Area Long Term Care  
Ombudsman Program

508-756-1545

Oakdale Rehabilitation & Skilled Nursing Center  
76 North Main Street West Boylston, MA 01583  
508-835-6076 Fax: 508-835-4957  
www.OriolHealthCare.com



## **Admissions & Billing Contact Information**

**Admissions .....508-829-1111**

Email: [Admissions@OriolHealthCare.com](mailto:Admissions@OriolHealthCare.com)

Our Admissions Coordinator will be meeting with you or your representative to explain the admission process. You or your representative will be responsible to sign necessary documents upon your admission.

We are available to answer any questions or concerns regarding your admission.

**Business Office/Billing .....508-829-1215**

Email: [NMarcotte@OriolHealthCare.com](mailto:NMarcotte@OriolHealthCare.com)

\* The Business Office is located at 52 Boyden Road,  
Suite 209, Holden \*

*Our staff is here to care for you. If we can assist you or your family, or if you have suggestions, questions or comments please let us know.*

Director of Community Relations & Marketing – Oriol Health Care  
Debby Osipov 508-829-1213  
[DOsipov@OriolHealthCare.com](mailto:DOsipov@OriolHealthCare.com)



# NOTES



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The Oriol Foundation is our newly established 501(c)(3) non-profit organization exclusively for charitable and educational purposes including but not limited to enriching the lives of those who deliver this care; to promote wellness and stimulate innovations in health care so all may live more independently and safely wherever they call home in the Wachusett community.

## What does this mean?

This will allow Oriol to help our community in many more ways! The Oriol Foundation will enable us to offer scholarships and other enrichments for the wellness of our community with the funds that we raise!

\* Diabetes Support Group \* Better Breathing Group \* Health Education Programs \* Senior Fitness Programs \* Eugene Oriol Memorial Scholarship \* Health & Wellness Expo \* Caregiver Support Group \* ARC Blood Drives

*All donations are tax deductible.*

## ***Oriol Health Care Mission***

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*“Our vision is to focus on fulfilling the needs of the people who entrust their care to us; to be innovative and forethinking in meeting the changing needs of the community; to empower each other to achieve pride in our work”*



**Holden Rehabilitation & Skilled Nursing Center**  
32 Mayo Drive, Holden, MA 01520

**Oakdale Rehabilitation & Skilled Nursing Center**  
76 North Main Street, West Boylston, MA 01583

**Wachusett Respiratory Care Unit**  
32 Mayo Drive, Holden, MA 01520

**Oriol Health Care Business Office**  
52 Boyden Road, Suite 209, Holden, MA 01520