



HOLDEN REHABILITATION & SKILLED NURSING CENTER

2022

Please observe or join our activity programs. Programs may be changed as needed.

(CR) Community room (CS) Coffee shop (L) Library (W) Wachusett
 (RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol Network



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><i>Kindly see Resident Life staff for scheduling manicure appointments</i></p> <p><i>Activities are subject to change to better meet the interests and safety of the residents...</i></p>	<p>1</p> <p>10:45 Daily Chronicle & Fitness Fun (CR/53) 11:15 Word Games (CR) 11:15 Sensory Room Visits (W) 1:00 Gameshow Classics (CR/53) 2:30 Games Of Skill and Chance (CR) 6:30 Cranium Crunch (OD)</p>	<p>2</p> <p>10:45 Morning Salutations And Balloon Volley (CR) 11:00 Short Stories (W) 11:30 Virtual Concerts (53) 1:30 Variety Hour (CR/53) 2:30 Bingo Bonanza (CR) 6:30 Music Memories (OD)</p>	<p>3</p> <p>10:45 Donut Cafe (CR) 11:00 Hand Massages (W) 11:30 Armchair Travels (W+53) 1:30 Music Visits (W) 1:45 Sitcom Memories (53) 2:30 Mystery Auction (CR) 6:30 Finish The Phrase (OD)</p>	<p>4</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Active Games (CR) 11:30 Afternoon at the Symphony (53) 2:00 Saturday Matinee and Manicures (CR+53)</p>
<p>5</p> <p>9:30 Wake-Up Calls (RR) 10:45 Morning Salutations (CR) 11:15 Chapel Service with St. Francis Church (CR+53) 1:00 Games in the Café 2:30 Sunday Funday Bingo (CR/53)</p>	<p>6</p> <p>10:45 Daily Chronicle & What's in A Word (CR/53) 11:15 Poetry Visits (W) 11:30 Armchair Adventures: <i>Diving</i> 1:30 Vinyl Club (CR/53) 2:30 Name That Tune (CR/53) 6:30 Reading Group (OD)</p>	<p>7</p> <p>10:30 St Mary's Communion Service and Rosary (CR/53) 11:30 Sensory Woodlands (W+53) 1:00 Tabletop Variety (CR) 1:45 Aromatherapy (W) 2:30 Bingo Bonanza (CR/53) 6:30 Movie Matinee (OD)</p>	<p>8</p> <p>10:45 Guided Meditation (W+53) 11:00 Art Class With Merry Benito (CR) 11:30 Classical Music Lunch (53) 1:30 Music Memories (W/53) 2:30 Fitness Fun With Marty French (CR/53) 6:30 Cranium Crunch (OD)</p>	<p>9</p> <p>10:45 Morning Salutations (53/CR) 11:00 Chapel Service with St. Francis Church (CR/53) 11:30 Virtual Museum Visits (W/53) 2:30 Sunshine Social on The Patio (CTYD) 6:30 Video Variety Hour (OD)</p>	<p>10</p> <p>10:45 Build Your Own Parfait (CR) 11:00 One to One Visits (W) 11:30 Animal Documentaries (CR/53) 1:30 Red Sox Highlights (CR/53) 2:30 Home Run Derby (CR) 6:30 Trivia Hour (OD)</p>	<p>11</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Morning Exercise (CR/53) 11:30 Armchair Adventures (W/53) 1:00 Book Cart Visits (RR) 2:00 Saturday Matinee and Manicures (CR/53)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Word Games (CR) 11:15 Chapel Service with St. Francis Church (CR) 1:00 Game Show Classics (W/53) 2:30 Sunday Funday Bingo (CR/53)</p> 	<p>13</p> <p>10:45 Morning Salutations and Flag Crafts (CR/53) 11:00 Sensory Visits (W) 11:30 Armchair Concerts (53) 1:00 Variety Hour (CR+53) 1:45 Aromatherapy (W) 2:30 New Club Sign Up Day (CR/53) 3:45 Resident Council (CR) 4:30 Finish the Phrase (OD)</p>	<p>14</p> <p>10:45 Communion Service with St. Mary's Church and Rosary (CR/53) 11:30 Great Churches of the World (53) 1:30 Flag Day Documentary (53) 2:30 Flag Day Patriot Sing-A-Long (CR/53) 6:30 Short Stories (OD)</p> 	<p>15</p> <p>10:45 Morning Salutations and Exercise (CR/53) 11:30 Guided Meditation (W/53) 1:30 Antique Roadshow (CR) 1:45 Hand-Massages and Manicures (W) 2:30 Mystery Auction (CR) 4:30 Video Variety Hour (OD)</p> 	<p>16</p> <p>10:45 Morning Salutations (CR/15) 11:15 Making Easy Fudge (CR) 11:30 Vintage TV: <i>Julia Child</i> 1:45 Vinyl Club (W/53) 2:30 Bingo Bonanza (CR) 4:30 Word Games (OD)</p> 	<p>17</p> <p>10:45 Morning Salutations (CR) 11:00 Father's Day Crafts (CR) 11:30 Musical Visits (W) 1:30 Tabletop Variety (CR) 2:30 Big Board Trivia (CR) 4:30 Movie Matinee (OD)</p>	<p>18</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Morning Exercise (CR/53) 11:30 Musical Variety (CR/53) 2:00 Saturday Matinee and Massages (W+53)</p>
<p>19</p> <p>10:45 Daily Chronicle & Trivia (CR) 11:15 Chapel Service with St. Francis Church (CR/53) 1:00 Armchair Traveling (W+53) 2:30 Father's Day Root Beer Float Social (CR)</p> 	<p>20</p> <p>10:45 Daily Chronicle & Aerobics (CR/53) 11:00 Room Visits (W) 11:30 Ocean Animals (53) 1:00 Poetry and Short Stories (W+53) 2:30 Summer Crafts (CR) 4:30 Reading Group (OD)</p>	<p>21</p> <p>10:30 Chapel Service with St. Mary's Church and Rosary (CR/53) 11:30 Virtual Beaches (W/53) 1:00 Classic Concerts: <i>Beach Boys</i> 2:30 First Day Of Summer Patio Social (CR) 4:30 Cranium Crunch (OD)</p> 	<p>22</p> <p>10:45 Daily Chronicle & Fitness Fun (CR/53) 11:00 Storytelling (W/53) 1:00 Sitcom Favorites (W/53) 2:00 Fitness Fun With Marty (CR) 6:30 Video Variety Hour (OD)</p>	<p>23</p> <p>10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Dining Committee (CR) 11:30 Armchair Travels (W+53) 1:45 Music Memories (W) 2:30 Bingo Bonanza (CR) 4:30 Finish The Phrase (OD)</p> 	<p>24</p> <p>10:45 Morning Salutations and Word Games (CR+53) 11:15 Book Cart Visits (W) 11:30 Afternoon at the Symphony (53) 1:00 Classic Concerts: <i>Louis Armstrong</i> 2:30 Fishing For Prizes (CR) 4:30 Short Stories (OD)</p> 	<p>25</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Morning Exercise (CR+53) 11:00 Bean Bag Toss (CR) 11:30 Afternoon Virtual Zoo (53) 2:00 Saturday Matinee and Massages (CR+53)</p>
<p>26</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Word Games (CR) 11:15 Chapel Service with St. Francis Church (CR) 1:00 Games in the Café 2:30 Sunday Funday Bingo (CR/53)</p> 	<p>27</p> <p>10:45 Daily Chronicle & Fitness Fun (CR/53) 11:00 Library Cart Visits (RR) 11:30 Armchair Adventures: White River Rafting! 1:00 Variety Hour (W+53) 2:30 Mystery Auction (CR)</p> 	<p>28</p> <p>10:30 Chapel Service with St. Mary's Church and Rosary (CR/53) 11:30 Virtual Choir Concerts (W+53) 1:45 Reading Group (W+53) 2:30 Bingo Bonanza (CR) 4:30 Video Variety Hour (OD)</p> 	<p>29</p> <p>10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Active Games (CR) 11:00 Travelogue (W) 1:00 Games in the Café 2:30 Playing The Wii Video Games (CR) 4:30 Reading Group (OD)</p>	<p>30</p> <p>10:45 Morning Salutations and What's In A Word (CR+53) 11:15 New Club Schedule Discussion (CR) 11:30 Virtual Beach Trip (W+53) 2:30 June Birthday Social (CR) 4:30 Cranium Crunch (OD)</p> 	<p>Please observe or join our activity programs. Programs may be changed as needed. (CR) Community room (CS) Coffee shop (W) Wachusett (RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol Network</p>	