

Spring 2022

WELCOME TO OUR COMPANY NEWSLETTER!!!!!!

Happy Spring !

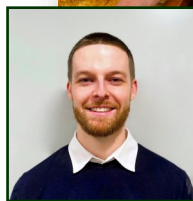


Keep smiling !
Keep trying your best!
Grow with us!

We are all family at Oriol and we encourage all team members to do their best and always challenge themselves to grow! Oriol has many team members that have advanced within the organization.

One recent success story is that of Harry Quick, NHA who has just become the Administrator of Holden Rehab & Skilled Nursing Center. Harry came to Holden as a Resident Life Assistant in 2016 and quickly promoted to Resident Life Director in 2017.

During the height of the pandemic, Harry entered the AIT (Administrator in training) program under the guidance of Tara D'Andrea. After passing the NHA licensing exam, and Tara moving to a new position - Harry became the Holden Administrator . Harry also holds a bachelors degree in Counseling Psychology from Johnson & Wales.



As you can see by the pictures, all of our Administrators have great spirit and will even wear costumes to make people smile! So the next obvious question is - where is Tara now? After being Holden's Administrator for over 7 years, Tara has moved into a new position as the Director of Operations for Holden Rehab, Oriol Therapy Services, Oriol

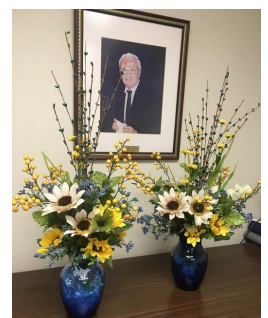


Home Health and Oriol At Home. In this role, Tara will orchestrate the Oriol 360 concept (see inside story on page 2) while overseeing the four companies. Her goal is to strengthen and streamline the coordination of integrated post-acute health care services.

Tara also began her health care career in activities and worked her way to Administrator at other facilities before coming to Holden. Congratulations Harry & Tara!

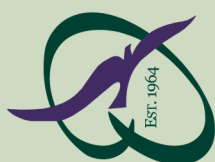


Supporting Ukraine



ORIOLE HEALTH CARE FAMILY NEWS

The Grapevine



Our wellness management program

For almost 60 years Oriol has served the local community and their healthcare needs. Although we are best known for traditional “nursing home” care, our teams provide so much more!

Oriol 360 is about encompassing all aspects of care we provide to help someone become well again. Our goal is to educate the community on the levels of care we can provide in varied settings.

An example: *John Doe has to have a knee replacement. His doctor has told him to plan on a short rehab stay after surgery. John had been to a program presented by Oriol at the senior center and heard about our short term rehab program. John has his surgery and requests to go to Oriol for his short term rehab stay. During his stay, he is treated by Oriol Therapy Services. John improves after a week but will still require some help at home. John chooses Oriol Home Health for his homecare nursing and therapy needs .*



Before he discharges, John is set up to be visited and treated by Oriol Home Health for nursing and therapy services in his Clinton home .

John is so happy to be home again and is recovering well with the help of Oriol services. When the time comes that he is discharged from home services, he is able to continue the physical therapy on his new knee by going to the Oriol Therapy Services Outpatient gym in Holden. John is seeing the same physical and occupational therapists he saw during his rehab stay and during his home recovery. The Oriol team has brought him full-circle (360)! John believes in his Oriol team of caregivers and decides to sign up for homemaking services from Oriol At Home just to help take some pressure off his wife. The Doe's family lives out of state, but were able to purchase a gift certificate for John to cover a few weeks of homemaking service.

Going through any sort of medical event is frightening to many people. Oriol has grown in the last decade with the intention of providing different levels of care both in our homes and theirs. We have found that the community is very receptive to staying within a healthcare system they know and trust. Patients are more comfortable when they know the people caring for them and the culture they come from. Oriol 360 is Our Family Taking care of Yours!





The Oriol Foundation is our non-profit organization that offers healthcare scholarships and forms of wellness assistance to our Wachusett Community members - such as donating over 5,000 cloth face masks during Covid.

When you purchase Oriol swag, you are supporting the Oriol Foundation and helping your local community! See your receptionist to order swag! Deb will deliver orders to your office or building.



Sturdy canvas tote,
13"x18"x6" with
two-ply 28" handles



**Just \$12
each**

The Scholarship Committee is still accepting applications for the **Eugene Oriol Memorial Scholarship**. This scholarship award is to assist any current Oriol Health Care employee that wishes to begin or advance their nursing career. The applications may be obtained from your Staff Liaisons and must be submitted by the end of April to be awarded in May.



Recipe Corner!



- 12oz chopped cooked ham
- 2 tbsp butter
- 1 med chopped onion
- 3 cloves garlic, minced
- 1/2 head cabbage chopped
- 1 cup chicken broth

Melt butter in a large skillet over medium heat. Add ham and onion; cool, stirring occasionally, until onion is translucent, about 8 minutes. Add garlic and cook until fragrant, about 2 minutes.

Add cabbage; cook and stir for 5 minutes. Add broth and season with salt and pepper. Cover and cook for 8 minutes.

Uncover and continue to cook until cabbage is tender, about 5 more minutes.

Ham & Cabbage Stir-fry

Staff Shout Outs!

Please think about recognizing something great a fellow staff member did and shout it out on a sticky note in the break-rooms! Each week, there is a winner from the board. If someone helped you, you heard a patient compliment someone on the team, or simply want to anonymously say thank you; shout it out!



TECH TIP

Use Caution!

When you receive a text message from an unknown sender that includes "text STOP" or other directions to opt out - use caution! When you respond, you are confirming that your number is active and trolls could use it for other purposes.

The best action is to delete the text without answering!

Tips & Tidbits...Things you should know

- * Oriol has a limited quantity of VIP Parking passes for the **Hanover Theater**. If you are interested, contact Lexy Gonelli at 508-829-1102.
- * Oriol employees receive a discount at **AT&T** stores!
- * **Series I Savings bonds** are currently earning 7.12% interest. Great gift or short-term savings option for a decent return! Visit the website TreasuryDirect.gov for more information on savings bonds.
- * Covid **booster shots** are available and recommended for anyone eligible. Sign up for yours!
- * **New review policy** & procedure begins April 20th! You must be up to date on your Relias training to qualify for a pay increase. All staff members will be reviewed between 4/20 and 5/20 and will be processed on the first Sunday in June (June 5th, 2022).
- * Staff will soon be able to complete **Relias** training AT HOME! More info coming soon!
- * Remember that all team members qualify for referral **bonuses**! See your staff liaisons for more info!
- * Sign up for **FSA** by April 15th. FSA benefits will end if you do not re-enroll annually.

Nature and the Outdoors

I	C	O	S	E	F	S	A	C	S	W	O	A	R
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S	A	E	E	P	H	A	T	H	S	O	D	M	I
B	I	R	D	S	I	L	W	U	W	N	O	A	G
I	R	R	W	S	N	N	I	S	N	S	O	L	D
W	D	A	A	C	G	S	G	Y	T	N	W	S	N
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K	V	O	R	Y	A	W	H	G	I	H	I	A	A
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S	W	N	B	E	I	S	E	H	S	U	B	N	S
E	A	T	E	S	L	T	R	E	E	S	F	E	E
R	Y	R	G	N	I	T	N	U	H	H	S	S	D

Play this puzzle online at : <https://thewordsearch.com/puzzle/316/>

LANES
GRASS
PICNIC
FISHING
FIREWOOD
TREES
DRIVE WAY
DEER
BIRDS
RACCOON
WAGONS
LAKES
HIGHWAY
ANIMALS
TUNNEL
HUNTING
BUSHES
WATER
PARKS
CAMPING

