



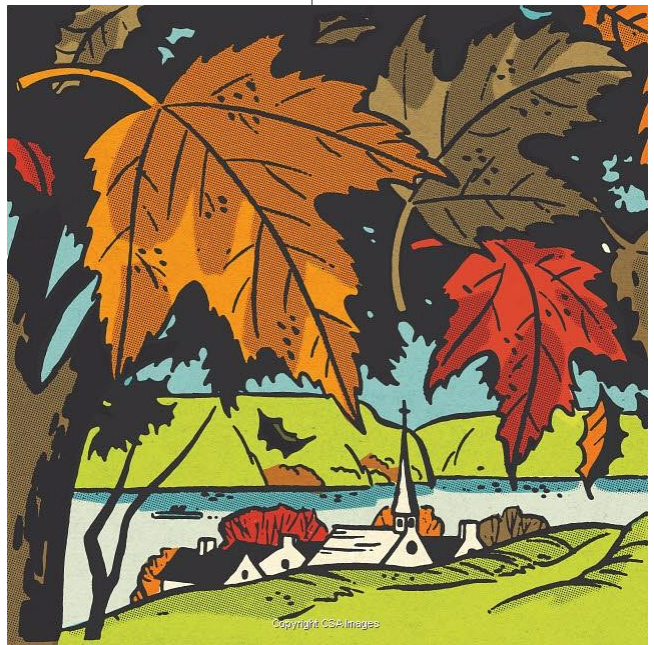

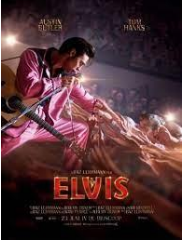



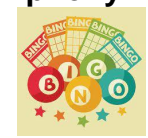
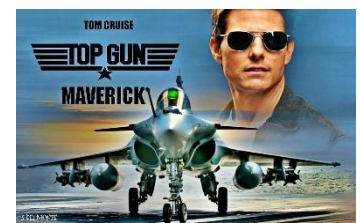

# HOLDEN REHABILITATION & SKILLED NURSING CENTER

# September



# 2022

Please observe or join our activity programs. Programs may be changed as needed.

(CR) Community room (CS) Coffee shop (L) Library (W) Wachusett (CTYD) Courtyard  
(RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol Network

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Activities are subject to change to better meet the needs and safety of the residents...</i></p>			<p><i>"Happily we bask in this warm September sun, which illuminates all creatures..."</i> -Henry David Thoreau</p>	<p>1</p> <p>10:00 Virtual Foliage Tour (53) 10:45 Morning Salutations &amp; Word Games (CR) 11:00 Short Stories (W/53) 1:30 Sitcom Favorites (CR/53) 2:30 Sunshine Hour (CTYD) 4:30 Music Memories (53)</p>	<p>2</p> <p>10:00 Music and Meditation (53) 10:45 Fitness Fun and Trivia (CR) 11:30 Lunch at the Ballet (53) 1:00 Variety Hour (CR/53) 2:30 Live Music with The Return of The Cavaliers (CR/53) 4:30 Broadway Classics (53)</p> 	<p>3</p> <p>9:30 Wake-Up Calls (RR) 10:45 Morning Variety (CR) 11:30 Classic Concerts (53) 2:00 Saturday Matinee: Oriol Premiere Presents: <i>Elvis</i> (53/CR)</p> 
<p>4</p> <p>9:30 Wake-Up Calls 10:30 Daily Chronicle (CR/53) 11:00 Sunday Church Service (53/W) 11:30 Lunch at the Symphony (53) 1:15 Room Visits (RR) 2:30 Sunday Bingo (CR/53)</p> 	<p>5</p> <p>10:00 Field Of Flowers and Music (53) 10:45 Morning Salutations and Word Games (CR+53) 11:30 Labor Day TV: <i>Dirty Jobs</i> (CR+53) 1:30 Variety Hour (CR+53) 2:30 Labor Day Jingo (CR) 6:30 Virtual Explorations (53)</p> 	<p>6 <i>National Read A Book Day</i></p> <p>10:00 Songs of Worship (53) 10:30 Morning Rosary and Prayer Service (53+CR) 11:30 Audio Short Stories (W+53) 1:30 Book Club Fun (CR) 2:30 The Big Board Game: <i>Book Worm</i> (CR) 6:30 Short Stories (53)</p>	<p>7</p> <p>10:00 Fuzzy Friends TV (53) 10:45 Morning Salutations and Trivia Fun (CR) 11:30 Music Memories (53) 1:00 Library Cart Visits (RR) 2:00 Fitness Fun with <i>Mighty Marty!</i> (53+OD) 4:30 Movie Favorites (53)</p> 	<p>8</p> <p>10:00 Pipe Organ Recital (53) 10:30 St. Francis Church Service (CR+53) 11:30 Armchair Traveling (53) 1:15 Manicures and Hand Massage(W) 1:30 Gameshow Classics (53/CR) 2:30 Bingo Bonanza (53+OD) 4:30 Symphony Eve (53)</p> <p>+</p> 	<p>9 <i>Patriots Opening Weekend</i></p> <p>10:00 Virtual Mountains (53) 10:45 Morning Exercise and Salutations 11:30 Trivia Fun 1:30 N.E. Patriots on Film (CR/53) 2:00 Oriol Movie Premiere: <i>Top Gun Maverick</i> (CR/W) 4:30 TV Memories (53)</p> 	<p>10</p> <p>9:30 Wake-Up Calls (RR) 10:45 Morning Word Games (CR) 11:30 Armchair Travels (53) 2:30 Touchdown Trivia (CR)</p> 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11 </p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations (CR+53) 11:00 Church Service With St. Francis (CR+53) 1:00 N.E. Patriots Opening Game! (CR) 1:30 Classic Laughs (53) 2:30 Sunday Bingo (CR/53)</p> 	<p>12</p> <p>10:45 Morning Salutations and Volleyball Balloon (CR+53) 11:30 Afternoon at the Symphony Hall (53/W) 1:30 Tabletop Variety (CR) 2:30 National Grandparents Day Tea and Cookies Social (CR+53) 4:30 Documentary Fun (53)</p> 	<p>13</p> <p>10:30 Morning Rosary and Prayer Service (53+CR) 11:30 Legendry Concerts: <i>Aretha Franklin</i> (W+53) 1:00 Resident Council (CR) 2:30 Tabletop Shuffleboard CR+53) 4:30 Audio Short Stories (RR)</p>	<p>14</p> <p>10:30 Morning Music and Meditations (CR/53) 11:00 Art Lessons with Merry Beninato (CR) 1:30 Game Show Classics (W+53) 2:30 Bingo Bonanza (OD+53) 4:30 Classic Concerts (53)</p> 	<p>15</p> <p>10:45 Morning Salutations and What's in a Word (CR+53) 11:00 New England Documentaries (53) 1:30 Dining Committee (CR+53) 2:30 Mystery Auction (53/CR) 4:30 Comedy Hour (53)</p>	<p>16</p> <p>10:00 Video Variety (53) 10:30 Pastry Cafe (CR) 11:30 Animal Odd Couples (53) 2:30 Live Music with The Debut of Bob Jordan (CR/53) 4:30 Hollywood Memories (CR)</p> 	<p>17</p> <p>9:30 Wake-Up Calls 10:45 Morning Fitness Fun (CR) 11:30 Afternoon at the Ballet (53) 2:00 Saturday Matinee (CR+53)</p> 
<p>18</p> <p>9:30 Wake-Up Calls 10:30 Moring Salutations (53+CR) 11:00 Church Service With St. Francis (CR+53) 1:30 Sitcom Classics (53) 2:30 Sunday Bingo (CR+53)</p> 	<p>19</p> <p>10:00 Classic TV: Julia Child (53) 10:45 Build Your Own Parfait (CR) 11:30 Afternoon Symphony (53) 1:00 Book Club Fun (CR) 1:30 Short Story Visits (RR) 2:30 Big Board Game: True or False (CR) 6:30 Music and Memories</p>	<p>20</p> <p>10:30 Morning Rosary and Prayer Service (53+CR) 11:30 Virtual Foliage Tour (53) 1:00 Sitcom Favorites (53/CR) 2:30 Live Music with P.E. James (CR/53) 4:30 Armchair Animal Hour (53)</p> 	<p>21</p> <p>10:00 Music and Meditation (W/53) 10:45 Morning Salutations and Word Games (CR) 11:30 Variety Hour (53) 2:30 Fitness Fun with Marty (CR/53) 6:30 Evening Cinema (53)</p> 	<p>22</p> <p>10:00 Breathing Exercises (53) 10:45 Morning Salutations and Finish The Phrase (CR) 11:30 Poetry and Art (53+W) 1:30 Book Cart Visits (RR) 2:30 Bingo Bonanza (53+CR) 4:30 Vintage Gameshows (53)</p> 	<p>23</p> <p>10:00 Fuzzy Friend Hour (53) 10:45 Crafting Club (CR) 11:30 Lunch on Broadway (53) 1:00 Book Club Fun (CR) 2:30 Apple Pie Milkshake Social (CR/53) 4:30 Gran Ole Opry (53)</p>	<p>24</p> <p>9:30 Wake-Up Calls 10:45 Morning Salutations and Trivia (CR+53) 11:30 Armchair Adventures (53) 1:00 Room Visits (RR) 2:00 Saturday Matinee and Manicures</p> 
<p>25</p> <p>9:30 Wake-Up Calls 10:30 Moring Salutations (53+CR) 11:00 Church Service W/ St Francis (53+CR) 1:30 Symphony Afternoon (53+W) 2:30 Sunday Bingo! (53+CR)</p> 	<p>26</p> <p>10:00 Armchair Leaf Peeping (53) 10:30 Morning Exercise and Salutations (53+W) 11:30 Great Art of The World (53) 1:30 Gameshow Classics (53) 2:30 Building Scarecrows (CR) 4:30 Dean Martin Variety Hour (CR)</p>	<p>27</p> <p>10:30 Morning Rosary and Prayer Service (53+CR) 11:30 Classic Concerts (53) 1:00 Aroma Therapy (W) 1:30 Tabletop Fun (CR) 2:30 Bingo Bonanza (CR+53) 4:30 Masterpiece Theater (53)</p> 	<p>28</p> <p>10:00 Meditation and Music (53) 10:45 Morning Salutations and Balloon Volley (53+CR) 11:30 Lunch on Broadway (53) 1:30 Book Club (CR) 2:30 Live Music with Alexandria Bianco Connelly (53+CR)</p>	<p>29</p> <p>10:45 Morning Salutations and Trivia Challenge (53+CR) 11:30 Armchair Traveling (W+53) 1:00 Antiques Roadshow (53) 1:30 Book Mobile Visits (RR) 2:30 Mystery Auction (CR) 2:30 Finish the Phrase (OD+53) 4:30 Fuzzy Friends (53)</p>	<p>30</p> <p>10:45 Morning Salutations and Crafts (53+CR) 11:30 Virtual Concert: <i>RATPACK</i> (53) 1:30 Variety Hour (CR/53) 2:30 September Birthday Social (53+CR) 4:30 Friday Movie (53)</p> 	 

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