HOLDEN REHABILITATION & SKILLED NURSING CENTER

Please observe or join our activity programs. Programs may be changed as needed. (CR) Community room (CS) Coffee shop (L) Library (W) Wachusett (CTYD) Courtyard

(RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol TV Network





Sunday

FEBRUARY

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Please observe or join our activity programs All activities subject to change with or without notice to better meet the needs and safety of the residents.

5 Hank Aaron's Birthday 6 Make-Believe Monday

11:15 Chapel Service with St. Francis

Church (CR/53) 11:45 Sunday Jazz (W/53) 1:30 Flying Over USA (W/53)

2:00 Sunday Matinee & Manicures (CR/53)

6:00 Hymns & Nature (53) Add your Voice



Monday

SPECIAL DAYS

Groundhog Day February 2 Tu BiShvat February 5-6 Super Bowl February 12 Valentine's Day February 14 **Presidents' Day** February 20 **Mardi Gras** February 21

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## **Tuesday**

Kindly see Resident Life staff for scheduling manicure appointments

# Wednesday Clark Gable's

Birthday ~ 1901 **Morning Greetings (RR)** 9:45 Chronicle &

Workout (CR/53) 10:00 Love Balloon Volleyball (CR) 11:00 Room Visits &

**Bookmobile (W/RR)** 1:30 Jigsaw Puzzle "Fitness" &

Tunes (CR/53) 2:00 "William Clark Gable" What's in his Name? (CR)

3:00 Café Hollywood (CR) 6:00 Soldier of Fortune (53)

#### **Thursday**

**Groundhog Day** Morning Greetings (RR) 9:30 Welcome Maggie! 9:45 Chronicle & Fitness (CR/53)

10:00 Manicures

(CR) 11:30 At the Opera (W/53) 1:30 Aroma Therapy (W)

2:00 Lucky **Bingo Ground** 

(CR) 3:00 Lets Chill with Phil Chocolate

Ice Cream Shakes (CR/53) 6:00 Sunset Sing-A-Long (CR)

6:00 Rosary Resonate (53)

#### **Friday**

**National Wear Red Day** Morning **Greetings (RR)** 9:45 Chronicle & Workout (CR/53)

10:00 "Cardio" **Carnival** Games (R)

11:30 Great Museums: Baseball Hall of Fame (W/53) 1:30 Virtual Concerts (W/53)

2:30 Welcome the Cavaliers! (CR/53) 3:00 Strawberry

**Shortcake Social (CR/53)** 6:00 Armchair Travels (53)

6:00 Friday Fun Night (CR) **Shabbat Shalom** 

### **Saturday**

4 "Lucky Lindy" Day

Charles A. Lindbergh ~1902 **Morning Greetings (RR)** 10:00 Chronicle &

Fitness (CR/53) 10:30 "Across 🔏 the Ocean"

Games (CR/53)

1:30 Spark: International Space Station (W/53)



6:00 Spirit of St. Louis (53) 6:00 Evening Spa (CR)

# "Hammerin' Hank" ~ 1934

**Morning Greetings (RR)** 



11:00 TALES Categories Word Games (CR) 11:30 Guided Meditation (53) 1:30 TV Classics (53/W)

10:30 Daily Chronicle &

**Enchanted Fitness (CR/53)** 

Morning

**Greetings (RR)** 



Musical Chair & Social (CR/53)

2:00 Crowns & Tiaras

6:00 Movie Night (OD/53) ~ Beauty and the Beast ~

#### Little House Day Mornina **Greetings (RR)**

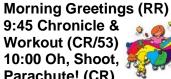
10:30 Rosary **Service & Prayer with** St. Mary's Church (CR/53) 11:30 Travelogue (53)

11:30 Aroma Therapy (W) 1:00 Beyond the Prairie: Story of Laura Ingalls Wilder (W/53)

2:00 Y'All. Saddle Up! Bingo (CR/53) 3:00 Chuck Wagon Café (CR) 🐠 👁

6:00 Best Classic Country **Songs (53)** 

#### 8 Laugh & **Grow Rich Day**



Parachute! (CR) 11:00 Room Visits & **Bookmobile (W/RR)** 

1:30 Art Class with Merry Benito (CR) 1:30 Vinyl Record & Jigsaw Puzzles (CR) 📹 2:00 Magic Ink Pen Pal Society

(CR/53) 3:00 Cup of Conversation (CR) 6:00 Comedy Night (53) 9 National Pizza Day



Morning Greetings (RR) 9:45 Chronicle & Morning Fitness (CR/53) 10:00 -1/

11:00 Chapel Service with St. Francis Church (CR/53) 11:30 At the Opera (W/53) 12:00 Pizza **Buffet (CR)** 

1:30 Aroma Therapy (W) 2:00 Bingo (CR)

3:00 Apple Pie & Coffee (CR) 6:00 Rosary Resonate (53) 6:00 Sunset Sing-A-Long (CR)

**Gold Rush** 10 Days

**Morning Greetings (RR)** 9:45 Chronicle & Workout (CR/53)

10:00 "Sonora California" **Word & Gold Mining** Game (CR)

11:30 Great Museums: Treasures of the Louvre (W/53) 1:30 Virtual Concerts (W/53) 2:30 Let the Good Times Roll with Bob Jordan

#### 3:30 Gold Star Café (CR)

6:00 Armchair Travels (53) 6:00 Friday Fun Night (CR) **Shabbat Shalom** 

#### 11 Be "Electrific" Day

**Morning Greetings (RR)** 10:00 Chronicle & Weekend Fitness (CR/53)

**Double Dare Dice Games** (CR/53)

1:30 How Edison Electrified the USA (W/53)





6:00 Evening Spa (CR)



Plant: Rose

3:00 Red Rose Café (CR)

6:00 Classical Music (53)

1:30 Flying Over (W/53)

2:00 Sunday Matinee &

Manicures (CR/53)

5:00 Hymns &

Nature (53)

2:00 Stars of

the Month

**Birthday** 

Bash (CR)

6:00 Elizabeth Taylor ~

A&E Biography (53)