
























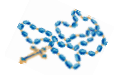





















OAKDALE REHABILITATION & SKILLED NURSING CENTER

All programs, 1:1 activities and visits with family, friends & religious leaders are maintained with current DPH/CDC guidelines due to COVID 19 policy. Programs may be changed as needed.

FEBRUARY

2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
|   | <p>The groundhog really can predict the end of winter</p> <p>Just not with his shadow. Because groundhogs hibernate every winter, the fact that he'd bother to leave his hideaway is a natural sign of spring to come! The furry critter is also easy to find groundhogs live in the majority of central and eastern U.S., plaguing gardeners.</p> |    | <p>1 Black History Month</p>   <p>Daily Inspiration TV 43 9:30 SENSORY CONNECTION 9:45 Chronicles & Fitness 10:30 Black History TV 43 10:30</p>  <p>2:00 Jigsaw Puzzle Mystery 2:00 Paint-A-Long 2:00 Men's Program</p> <p>3:00 Snack & Chat 5:00 Comedy hour TV 43</p> | <p>2 Groundhog Day</p>  <p>Daily Mass TV 43 9:45 Chronicles & Fitness 10:30 Balloon Volleyball</p>  <p>2:00 BINGO</p>  <p>3:30 Meet & Greet With Frosty Drinks 5:00 Movie Matinee "Groundhog day"</p>  | <p>3 National Wear Red Day</p>  <p>Daily Inspiration TV 43 9:45 Chronicles & Fitness 9:30 SENSORY CONNECTION 10:00 Ombudsman Hour 10:30 Crossword Puzzle 10:30 Oakdale Academy 2:00 Pokeno</p>  <p>3:00 Cup of Conversation</p>  <p>5:00 Shabbat Shalom TV 43</p> | <p>4 Homemade Soup Day</p>   <p>9:45 Chronicles & Fitness 10:00 "Our Father..." 10:30 "Chicken Noodle Soup" ~ Word Mining</p> <p>2:00</p>  <p>3:30 Hot Cocoa Bar</p>  <p>6:00 Hallmark CHANNEL TV 22</p> |
| <p>5 National Chocolate Fondue Day</p>  <p>8:00 Inspiration Network TV Channel 42 10:00 Chronicles & Fitness 10:30 Catholic Service & Communion 11:00 Rolling Dice Games 2:00 Sunday Matinee Broadcast & Mini Manicures 5:00 Hymns TV 43</p>   | <p>6 Massachusetts Day</p>  <p>Daily Mass TV 43 9:45 Chronicles & Fitness 10:30 Bookmobile & 1:1 10:30 Heart filled Trivia</p> <p>2:00 Music of the Decades Robert Jordan 3:00 Heart of Gold Cookies & Tea</p>   <p>6:00 Holy Rosary Resonate TV 43</p>  | <p>7 Pinocchio Movie Day</p>   <p>Daily Mass TV 43 9:30 Day Room Coloring 9:45 Chronicle & Fitness 10:30 Chair Dancing</p>  <p>2:00 Bingo</p>  <p>3:30 Coffee Clubhouse</p>  <p>6:00 Heartfelt Hand Massage</p> | <p>8 Boy Scouts Day</p>  <p>Daily Inspiration TV 43 9:30 SENSORY CONNECTION 9:45 Chronicles & Fitness 10:30 Classical Music TV 43</p> <p>10:30 Nail Salon</p>  <p>2:00 Bethlehem Bible Church 2:00 Jigsaw Puzzle Mystery 3:00 Snack & Chat</p>  <p>5:00 Comedy hour TV 43</p> | <p>9 National Pizza Day</p>  <p>Daily Mass TV 43 9:45 Chronicles & Fitness 10:30 Pizza Ring Toss 2:00 Flaming Hearts BINGO</p>  <p>3:30 Meet & Greet With Milkshakes</p>  <p>5:00 Movie Matinee "Beauty and the Beast"</p> | <p>10 Story telling Day</p>   <p>Daily Inspiration TV 43 9:45 Chronicles & Fitness 9:30 SENSORY CONNECTION 10:00 Ombudsman Hour 10:30 Crossword Puzzle</p> <p>2:00</p>  <p>3:00 Cup of Conversation</p>  <p>5:00 Shabbot Shalom TV 43</p> | <p>11 Make A Friend Day</p>   <p>9:45 Chronicles & Fitness 10:00 "Our Father..." 10:30 "Cupcake Friends." ~ Word Mining</p> <p>2:00 Bingo</p>  <p>3:30 Hot Cocoa Bar</p>  <p>6:00 Hallmark CHANNEL TV 22</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| <div>12 Super Bowl Sunday</div> <div>8:00 Inspiration Network TV Channel 42</div> <div>10:00 Chronicles & Fitness</div> <div>10:15 Tune into Spiritual Songs & Readings</div> <div>11:00 Rolling Dice Games</div> <div>2 Sunday Matinee Broadcast & Mini Manicures</div> <div>5:00 Hymns TV 43</div> <div></div> | <div>13 Post Office Day</div> <div>Daily Mass TV 43</div> <div>9:45 Chronicles & Virtual Fitness</div> <div>10:15 Bookmobile & 1:1</div> <div>10:30 Country Music TV 43 & Rhythm Band</div> <div>2:00 Hearts & Crafts</div> <div>3:00 Passion Pie Café</div> <div>6:00 Holy Rosary Resonate TV 43</div> <div></div> | <div>14 Valentine's Day</div> <div>Daily Mass TV 43</div> <div>9:30 Day Room Coloring</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 Chair Dancing</div> <div>2:00 Sweetheart Bingo</div> <div>3:30 Coffee Clubhouse</div> <div>4:00 Feel the Love with "Heather Marie"</div> <div>6:00 Heartfelt Hand Massage</div> <div></div> | <div>15 Gumdrop Day</div> <div>Daily Inspiration TV 43</div> <div>9:30 SENSORY CONNECTION</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 Country Music TV 43</div> <div>10:30</div> <div>2:00 Jigsaw Puzzle Mystery</div> <div>2:00 Paint-A-Long</div> <div>2:00 Men's Program</div> <div>3:00 Snack & Chat</div> <div>5:00 Comedy Hour TV 43</div> <div></div> | <div>16 National Almond Day</div> <div>Daily Mass TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 wheel of Fortune</div> <div>1:30 Dining Committee</div> <div>2:00 BINGO</div> <div>3:30 Meet & Greet With Rootbeer Floats</div> <div>5:00 Movie Matinee "My Dog the Thief"</div> <div></div> | <div>17 Backyard Bird Watching Day</div> <div>Daily Inspiration TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>9:30 SENSORY CONNECTION</div> <div>10:00 Ombudsman Hour</div> <div>10:30 Crossword Puzzle</div> <div>2:00</div> <div>3:00 Cup of Conversation</div> <div>5:00 Shabbot Shalom TV 43</div> <div></div> | <div>18 Happy Birthday "John Travolta"</div> <div>9:45 Chronicles & Fitness</div> <div>10:00 "Our Father..."</div> <div>10:30 "Birthday Wishes" ~ Word Mining</div> <div>2:00 Bingo</div> <div>3:30 Hot Cocoa Bar</div> <div>6:00 Hallmark Channel TV 22</div> <div></div> |
| <div>19 NASCAR DAY</div> <div>8:00 Inspiration Network TV Channel 42</div> <div>10:00 Chronicles & Fitness</div> <div>10:30 Catholic Service & Communion</div> <div>11:00 Rolling Dice Games</div> <div>2 Sunday Matinee Broadcast & Mini Manicures</div> <div>6:00 Hymns TV 43</div> <div></div> | <div>20 President's Day</div> <div>Daily Mass TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 "Abraham Lincoln"-Word Mining</div> <div>2:00 Let the good times roll with Gary Landgren</div> <div>3:30 Presidential Cafe</div> <div>6:00 Holy Rosary Resonate TV 43</div> <div></div> | <div>21 Mardi Gras</div> <div>Daily Mass TV 43</div> <div>9:30 Day Room Coloring</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 Chair Dancing</div> <div>2:00 Festival Bingo</div> <div>3:30 Coffee Clubhouse</div> <div>6:00 Heartfelt Hand Massage</div> <div></div> | <div>22 George Washington's Birthday</div> <div>Daily Inspiration TV 43</div> <div>9:30 SENSORY CONNECTION</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 Classical Music TV 43</div> <div>10:30</div> <div>1:30 Resident Council</div> <div>2:00 The Price Is Right</div> <div>2:00 Jigsaw Puzzle Mystery</div> <div>3:00 Snack & Chat</div> <div>5:00 Comedy Hour TV 43</div> <div></div> | <div>23 Dog Biscuit Day</div> <div>Daily Mass TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>10:30</div> <div>12:00 Lunch Bunch</div> <div>2:00 BINGO</div> <div>3:30 Meet & Greet with Vanilla Shakes</div> <div>5:00 Movie Matinee "Forest Gump"</div> <div></div> | <div>24 Tortilla Chip Day</div> <div>Daily Inspiration TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>9:30 SENSORY CONNECTION</div> <div>10:00 Ombudsman Hour</div> <div>10:30 Crossword Puzzle</div> <div>2:00</div> <div>3:00 Cup of Conversation</div> <div>5:00 Shabbot Shalom TV 43</div> <div></div> | <div>25 Safari Saturday</div> <div>9:45 Chronicles & Fitness</div> <div>10:00 "Our Father..."</div> <div>10:30 "African Safari" ~ Word Mining</div> <div>2:00</div> <div>3:30 Hot Cocoa Bar</div> <div>6:00 Hallmark Channel TV 22</div> <div></div> |
| <div>26 Fats Domino Day</div> <div>8:00 Inspiration Network TV Channel 42</div> <div>10:00 Chronicles & Fitness</div> <div>10:15 Tune into Spiritual Songs & Readings</div> <div>11:00 Rolling Dice Games</div> <div>2 Sunday Matinee Broadcast & Mini Manicures</div> <div>6:00 Hymns TV 43</div> <div></div> | <div>27 Polar Bear Day</div> <div>Daily Mass TV 43</div> <div>9:45 Chronicles & Fitness</div> <div>10:15 Bookmobile & 1:1</div> <div>10:30 Candy Catergory</div> <div>2:00 Happy Birthday Party with Dana Lewis</div> <div>3:00 Make a Wish! ~ Café</div> <div>6:00 Holy Rosary Resonate TV 43</div> <div></div> | <div>28 Rodeo Day</div> <div>Daily Mass TV 43</div> <div>9:30 Day Room Coloring</div> <div>9:45 Chronicles & Fitness</div> <div>10:30 Chair Dancing</div> <div>2:00 "YEEHAW" Bingo</div> <div>3:30 Coffee Clubhouse</div> <div>6:00 Heartfelt Hand Massage</div> <div></div> | <div>Broadcasting Live!! Special Activity Programs</div> <div>Channel 43</div> <div>9:00 AM – 7:00 PM</div> <div></div> | <div>Special Days</div> <div>February 2 Groundhog Day</div> <div>February 14 Valentine's Day</div> <div>February 20 President's Day</div> <div></div> | <div>SENSORY CONNECTION</div> <div>are scheduled on the calendar for additional social and sensory stimulation. These activities include: Trivia ~ Aroma Therapy ~ Rhythm Band ~ Puzzles ~ Art, Hand Massages ~ Physical Games ~ Reminiscing ~ Short Stories ~ Tactile Sensory & Sensory Cart Items ~ Music ~ Humor ~ 1:1 Visits ~ Fitness ~ Snacks ~ Evening Games & Resident Choice</div> | <div>February 2023</div> <div>Hairdresser & Barber services are maintained with current DPH/CDC guidelines due to COVID 19 policy</div> <div>Barber Services: February</div> <div>All activities subject to change with or without notice to better meet the needs of the residents.</div> |