

Please observe or join our activity programs. Programs may be changed as needed.

(CR) Community room (CS) Coffee shop (L) Library (W) Wachusett (CTYD) Courtyard
(RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol TV Network

Activities are subject to change to better meet the needs and safety of the residents...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations (CR+53) 11:15 Chapel Service with St. Francis Church (CR+53) 1:30 Virtual Symphony (W+53) 2:30 New Year's Spa Day (CR+53)</p> 	<p>2</p> <p>10:30 Morning Salutation & Exercise (CR+53) 11:00 Armchair Mountains (W+53) 1:30 Tabletop Variety (CR) 2:30 Bingo Sunday On Monday (CR/53) 6:30 Audio Books (53)</p> 	<p>3</p> <p>10:30 Rosary Service and Prayer with St. Mary's Church (CR+53) 11:30 Tournament of Roses Parade (53) 1:30 Cards and Games (CR) 2:30 Arts and Crafts (CR) 6:30 Video Variety Hour (53)</p>	<p>4 National Trivia Day</p> <p>10:30 Morning Salutations and Balloon Games (CR/53) 11:00 Room Visits (W) 1:30 Virtual Concerts (CR+53) 1:45 Aromatherapy (W) 2:30 National Trivia Day Big Board Challenge (CR) 6:30 Music & Memories (53)</p> 	<p>5</p> <p>10:00 Guided Meditation and Morning Music (53/W) 10:30 Donut Cafe (CR) 11:30 Virtual Bird Watching (W/53) 1:30 Sitcom Classics (CR/53) 2:30 Bingo Bonanza (CR/53) 6:30 Game Show Favorites (53)</p> 	<p>6</p> <p>10:30 Morning Salutations and Word Games (CR+53) 11:30 Short Stories Audio Books (53/W) 1:30 Vinyl Record Club (CR) 2:30 Live Music With The Cavaliers (53/CR) 6:30 Armchair Travels (53)</p> 	<p>7</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations & Exercise (CR/53) 11:30 Video Variety (53) 1:15 Library Cart Visits (RR) 2:00 Saturday Matinee (CR/53)</p> 
<p>8</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations (CR/W) 11:15 Chapel Service with St. Francis Church (CR/53) 11:45 Music and More (53) 1:30 Gameshow Classics (W/53) 2:30 Sunday Funday Bingo (53/CR)</p> 	<p>9</p> <p>10:15 Morning at the Opera (53) 10:30 Morning Salutations and Parachute Fun (CR) 11:30 Guided Meditation (W/53) 1:00 TV Classics: <i>Bob Ross</i> (53/W) 1:15 Cards and Games (CR) 2:30 Winter Crafts (CR) 6:30 Silver Screen Favorites (53)</p>	<p>10</p> <p>10:30 Rosary Service and Prayer with St. Mary's Church (CR+53) 11:30 Armchair Adventures (53) 1:00 Poetry Corner (W/53) 2:30 Name That Tune (CR) 6:30 Legendary Concerts (53)</p>	<p>11</p> <p>10:30 Morning Salutations and Exercise (CR/53) 11:00 Art Class with Merry Benito (CR) 11:00 Room Visits (W/RR) 1:30 Vinyl Record Club (CR/53) 2:30 Bingo Bonanza (CR+53) 6:30 Classic Laughs (53)</p> 	<p>12</p> <p>10:30 Morning Salutations (CR/53) 11:00 Chapel Service with St. Francis Church (CR/53) 1:30 Dining Committee Meeting (CR) 2:30 Mystery Auction (CR) 6:30 Documentary Hour (53)</p> 	<p>13</p> <p>10:30 Morning Salutations and Word Games (CR/53) 11:30 Armchair Concerts (53) 12:00 New Year Lunch Club: <i>Chinese</i> (CR) 1:30 Variety Hour (CR) 2:30 Live Music With Bob Jordan (CR/53) 6:30 Audio Book Ventures (53)</p> 	<p>14</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations & Fitness Fun (CR/53) VISIT WITH BUGGS 11:30 Virtual Forest Hike (53) 2:00 Saturday Matinee and Manicures (CR/53)</p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle (53/CR) 11:15 Chapel Service with St. Francis Church (53/CR) 1:00 Tabletop Fun (CR) 2:30 Sunday Funday Bingo (53/CR)</p> 	<p>16 <i>Martin Luther King Day</i></p> <p>10:45 Morning Salutations and Trivia (CR/53) 11:15 Hand Massage Visits (W) 11:30 Lunch at the Symphony (53) 2:00 Historic Cinema: <i>SELMA</i> (CR/53)</p> 	<p>17</p> <p>10:30 Rosary Service and Prayer with St. Mary's Church (CR+53) 11:30 Choirs of The World (W/53) 1:30 Book Club Discussions (CR) 2:30 Dice Games: <i>LEFT, RIGHT, CENTER!</i> (CR) 6:30 Evening at the Ballet (53)</p>	<p>18</p> <p>10:30 Morning Salutations and Exercise (CR/53) 11:00 Short Stories (W/53) 1:00 Virtual Concerts (CR/53) 2:00 Live Music With Jeff Thomas (CR+53) 6:30 Video Variety Hour (53)</p> 	<p>19</p> <p>10:00 Guided Meditation (W/53) 10:30 Morning Salutations and Crafts (CR/53) 11:15 Sensory Visits (W) 1:00 Short Story Visits (W) 2:30 Bingo Bonanza (CR/53) 6:30 Poetry and Music (OD)</p> 	<p>20</p> <p>10:30 Morning Salutations & Exercise (CR/53) 11:30 Armchair Mountain Hikes (W/53) 1:00 Room Visits (RR) 1:30 Resident Council (CR) 2:30 Ice Cream and Cocoa Social (CR) 6:30 Word Scramble Challenge (OD)</p>	<p>21</p> <p>9:30 Wake-Up Calls (RR) 10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Video Variety (53) 1:15 Hand Massages (CR) 2:00 Movie Matinee (CR/53)</p> 
<p>22</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations (CR/53) 11:15 Chapel Service with St. Francis Church (CR/53) 11:30 Sunday Variety (53) 2:30 Sunday Funday Bingo (CR/53)</p> 	<p>23</p> <p>10:00 Guided Woodland Walk (W/53) 10:30 Morning Salutations and Bean Bag Games (CR) 11:00 Short Stories (W/53) 1:30 Sitcom Classics (CR/53) 2:30 Mystery Auction (CR) 6:30 Antiques Roadshow (53)</p> 	<p>24</p> <p>10:30 Rosary Service and Prayer with St. Mary's Church (CR+53) 11:00 Afternoon at the Concert Hall (W/53) 1:00 Aromatherapy (W) 2:30 Live Music With Lauren (CR/53) 4:30 Virtual Planetarium (53)</p> 	<p>25</p> <p>10:00 Morning Music (53) 10:30 Donuts Café (CR) 11:30 Manicures and Hand Massages (RR) 1:00 Grand Ole Opry Memories (53) 1:30 Tabletop Variety (CR) 2:30 Bingo Bonanza (OD+53) 4:30 Movie Matinee /53)</p> 	<p>26</p> <p>10:30 Morning Salutation and Word Games (CR/53) 11:30 Armchair Travel: <i>Australia</i> (W/53) 1:30 Short Story Visits (W) 2:30 Giant Board Games: <i>Surviving the Outback</i> (CR) 4:30 Nature Documentaries (53)</p> 	<p>27</p> <p>10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Book Cart Visits (W) 1:00 Musical Juke Box (53) 1:00 Card Games and More (CR) 2:30 January Birthday Bash (CR) 4:30 Short Stories (OD)</p> 	<p>28</p> <p>9:30 Wake-Up Calls (RR) 10:00 Morning Music (53) 10:30 Daily Chronicle & Morning Exercise (CR) 11:00 Word Games (CR) 11:30 Gameshow Favorites (CR/53) 2:00 Saturday Matinee and Manicures (CR/53)</p> 
<p>29</p> <p>9:30 Wake-Up Calls (RR) 10:30 Morning Salutations (CR/53) 11:15 Chapel Service with St. Francis Church (CR/53) 11:30 Classic Laughs (53) 2:30 Sunday Funday Bingo (CR/53)</p> 	<p>30</p> <p>10:00 Fuzzy Friends on TV (53) 10:30 Morning Salutations and What's in a Word (CR) 11:30 Lunch at the Ballet (53) 1:00 Puzzles and More (CR) 1:30 Armchair Adventures: <i>Deep Sea Oceans</i> (53) 2:30 Arts and Crafts (CR) 4:30 Movie Matinee (53)</p>	<p>31</p> <p>10:30 Rosary Service and Prayer with St. Mary's Church (CR+53) 11:00 Armchair Travel (53/W) 1:00 Cards in the Café 1:45 Aromatherapy (W) 2:30 Let's Warm UP Sing A Long (CR/53) 4:30 Great Moments in Music (CR)</p>	<p>== Kindly see Resident Life staff for scheduling manicure appointments</p>  <p>Activities are subject to change to better meet the needs of the residents...</p>		<p>Please observe or join our activity programs. Programs may be changed as needed.</p> <p>(CR) Community room (CS) Coffee shop (L) Library (W) Wachusett (CTYD) Courtyard (RR) Resident Rooms (LD) Laurel dining room (OD) Oak dining room (53) Oriol TV Network</p>	