

# HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett

(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



# MARCH

2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sensory Connection:</b> <b>VIP Visits &amp; OTN-53</b> 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as <b>Resident Room Visits</b>	<b>MARCH 2024</b> <i>Please observe or Join our activity programs</i> <i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i>	<b>SPECIAL DAYS</b> <b>Daylight Saving Begins</b> March 10 <b>St. Patrick's Day</b> March 17 <b>First Day of Spring</b> March 19 <b>Purim Begins</b> March 23 <b>Holi Hindu Festival</b> March 25 <b>Easter</b> March 31 	 Explore The Galaxy Star Wars Week March, 11 <sup>th</sup> - 15 <sup>th</sup>	<b>Broadcasting Live!!</b> <b>Special Activity Programs</b>   <b>53</b> <b>Please Tune In!</b>	<b>1 Happy Birthday</b> <b>Rio de Janeiro ~ 1565</b> Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:00 "Brazilian Carnival" Word Mining (CR) 11 First Congregational Church Service (CR) 2:00 Oriol Academy & Café Samba (CR) 3 VIP Visits (RR) 4:00 Armchair Travels Brazil (53) 6:00 Fun Factory (CR) <b>Shabbat Shalom</b>	<b>22 THE CAT IN THE HAT DAY</b> Morning Greetings (RR) 9:30 Weekend Boot Camp Exercise (CR) 10:30 Sitcom Classics (53) 10:30 Cat Chase Dice Games (CR) 2:00 BINGO (CR/53) 3:00 Open Milk Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)
<b>3 Celebrate Your Name</b> Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)	<b>4 March Forth Day</b> Morning Greetings (RR) 9:30 Oriol FM (53) 9:30 Stretch & Tone (CR) 10:00 Nail & Hand Pampering (CR) 2:00 MAY THE FOURTH Be With You ...ALWAYS Costume Workshop & Pick-Me-Up Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)	<b>5 Happy Birthday, Rex Harrison ~ 1908</b> Morning Greetings (RR) 9:30 Riverdance (53) 9:30 "Doolittle" Workout (CR) 10:30 Rosary Service & Prayer ~ St. Mary's Church (CR) 1:00 Resident Council (CR) 2:00 My Fair Bingo (CR/53) 3:00 Cup of Conversation (CR) 4:00 Spanish Night (53)	<b>6 Shaquille O'Neal's Birthday</b> Morning Greetings (RR) 9:30 Positive Yogacize!-CR 9:30 Mother Nature (53) 10:30 VIP Visits (RR) 10:30 PO-KE-NO (CR) 1:30 Bookmobile (RR) 2:00 Sports-A-Thon Team Challenge (CR) 3:00 Root Beer Floats (CR) 5:00 MOVIE NIGHT (53)	<b>7 Lucky 7 Day</b> Morning Greetings (RR) 9:30 Friendly Fitness (CR) 9:30 Country Music (53) 10:30 VIP Visits (RR) 10:00 Nail & Hand Pampering (CR) 2:00 LUCKY BINGO (CR/53) 3:00 7 <sup>th</sup> Heaven Café (CR) 4:00 Rosary Resonate (53)	<b>8 HAPPY Women's Day</b> Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:00 Crossword & Jigsaw Puzzles Paradise (CR) 2:00 Oriol Academy Who Am I? (CR) 3:00 Divas' Lounge (CR) 3:00 VIP Visits (RR) 4:00 Armchair Travels (53) 6:00 Joyful Junction (CR) <b>Shabbat Shalom</b>	<b>9 Napoleon Bonaparte &amp; Josephine Wedding Anniversary ~ 1796</b> Morning Greetings (RR) 9:30 Weekend Boot Camp Exercise (CR) 10:30 Sitcom Classics (53) 10:30 Dice Games (CR) 2:00 Bingo Empire (CR/53) 3:00 Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 Trivia Squad (CR)



Sunday	Moffsides Monday	Tatoonie Tuesday	Wookie Wednesday	Toydarian Thursday	Falcon Friday	Saturday
<div>10 <b>Daylight Saving Time Begins</b> </div> <div>Morning Greetings (RR) 9:30 <b>Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) 10:30 <b>Spiritual Hymns &amp; Songs (CR)</b>  11:00 <b>St. Francis Church Service (CR)</b> 2:00 <b>Sunday Matinee (CR/53)</b>  4:00 <b>Classical Music (53)</b> 6:00 <b>Game Jamboree (CR)</b></div>	<div>11 May the Force be with you. Morning Greetings RR 9:30 <b>Universal Telecast (CR)</b> 9:30 Jedi Training Gym (CR) 10:00 <b>Princess Leia's Nail Salon (CR)</b>  11:00 <b>Glowing Lightsaber Factory (CR)</b> 2:30 <b>Moon Rock Rangers Party with Heather &amp; Cupcakes of Coruscant (CR)</b> 4:00 <b>Space Traveling (53)</b> 5:00 <b>Dinner Theater (24)</b> </div>	<div>12 May the Force be with you. Morning Greetings RR 9:30 <b>Universal Telecast (53)</b> 9:30 Jedi Training Gym (CR) 10:30 <b>Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  2:00 <b>BINGO (CR)</b>  3:00 <b>Canteen Social (CR)</b> 4:00 <b>Spanish Sky TV (53)</b></div>	<div>13 May the Force be with you. Morning Greetings RR 9:30 <b>Universal Telecast(53)</b> 9:30 Jedi Training Gym (CR) 10:30 <b>VIP Visits (RR)</b> 10:30 <b>SPACE PO-KE-NO (CR)</b>  1:30 <b>Imperial Book Shuttle (RR)</b> 2:00 <b>BATTLE for NABOO (CR)</b>  Noodle Battles 3:00 <b>JOIN THE DARK SIDE Black Forest Cake, Coffee</b> 5:00 <b>MOVIE NIGHT (53)</b></div>	<div>14 May the Force be with you. Morning Greetings RR 9:30 Jedi Training Gym (CR) 9:30 <b>Universal Telecast (53)</b> 10:00 <b>Visits with Stella</b> 10:00 <b>Padme's Nail Salon (CR)</b>  11:00 <b>Chapel Service with St. Francis Church (CR)</b>  2:00 <b>BING OF THE REPUBLIC (CR/53)</b>  3:00 <b>Galaxy Social (53)</b>  4:00 <b>Rosary Resonate (53)</b></div>	<div>15 May the Force be with you. Morning Greetings RR 9:30 Jedi Training Gym (CR) 9:30 <b>Universal Telecast (53)</b> 10:00 Yoda's Academy ~ Droid Drill &amp; The Universe (CR)  2:00 <b>Bash in Clyde Bespin with and Supernova Social (CR)</b>  3:00 <b>VIP Visits (RR)</b> 4:00 <b>UFO Travels (53)</b> 6:00 <b>Friday Frenzy (CR)</b> <b>Shabbat Shalom</b></div>	<div>16 <b>National Panda Day</b>  Morning Greetings (RR) 9:30 <b>Weekend Boot Camp Exercise (CR)</b> 10:30 <b>Sitcom Classics (53)</b> 10:30 <b>Panda Run ~ Dice Games (CR)</b>  2:00 <b>BINGO (CR/53)</b> 3:00 <b>Open Juice Bar! (CR)</b>  4:00 <b>NATIONAL GEOGRAPHIC (53)</b> </div>
<div>17 <b>HAPPY ST. PATRICK'S DAY</b></div> <div>Morning Greetings (RR) 9:30 <b>Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) 10:30 <b>Spiritual Hymns &amp; Songs (CR)</b>  11:00 <b>St. Francis Church Service (CR)</b> 2:30 <b>St. Patrick's Day Party welcome the Bean Brothers (CR)</b>  4:00 <b>Classical Music (53)</b></div>	<div>18 <b>Pillsbury Doughboy Birthday ~ 1965</b> Morning Greetings (RR) 9:30 <b>Oriol FM (53)</b> 9:30 <b>"Roll your Dough" Workout (CR)</b> 10:00 <b>Nail Studio (CR)</b>  2:30 <b>Let the good times ROLL with Alexandria (CR)</b> 3:30 <b>Doughboy Social (CR)</b> 4:00 <b>Space Traveling (53)</b> 5:00 <b>Dinner Theater (24)</b> </div>	<div>19 <b>Spring</b></div> <div>Morning Greetings (RR) 9:30 <b>Riverdance (53)</b> 9:30 <b>Spring into Spring Workout (CR)</b> 10:30 <b>Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  2:00 <b>SPRING-O BINGO (CR/53)</b>  3:00 <b>Spring Fling Social (CR)</b> 4:00 <b>Spanish TV (53)</b></div>	<div>20 <b>Day of Happiness</b> Morning Greetings (RR) 9:30 <b>Positive Yogacize!-CR</b> 9:30 <b>Mother Nature (53)</b> 10:30 <b>VIP Visits (RR)</b> 10:30 <b>PO-KE-NO (CR)</b>  1:30 <b>Dining Committee (CR)</b> 1:30 <b>Bookmobile (RR)</b> 2:00 <b>Happiness Jar Craft (CR)</b>  3:00 <b>Happy Ending Wednesdae (CR)</b>  5:00 <b>MOVIE NIGHT (53)</b></div>	<div>21 <b>Aries the Ram Day</b>  Morning Greetings (RR) 9:30 <b>Friendly Fitness (CR)</b> 9:30 <b>Country Music (53)</b> 10:00 <b>Nail &amp; Hand Pampering (CR)</b>  2:00 <b>ZODIAC BINGO (CR/53)</b>  3:00 <b>Café Astrology (CR)</b> 4:00 <b>Rosary Resonate (53)</b></div>	<div>22 <b>Goof-Off Day</b></div> <div>Morning Greetings (RR) 9:30 <b>Up &amp; At'Em! Gym (CR)</b> 10:00 <b>Virtual Pet Visits (53)</b> 10:00 <b>Crossword &amp; Jigsaw Puzzles Paradise (CR)</b>  2:00 <b>Oriol Academy Name that Tune!! Competition (CR)</b>  3 <b>Goofy Social (CR)</b> 3:00 <b>VIP Visits (RR)</b> 4:00 <b>Armchair Travels (53)</b> 6:00 <b>Lively Lounge (CR)</b> <b>Shabbat Shalom</b></div>	<div>23 <b>Kittens &amp; Puppy Day</b> Morning Greetings (RR) 9:30 <b>Weekend Boot Camp Exercise (CR)</b> 10:30 <b>Sitcom Classics (53)</b> 10:30 <b>Purrfect Dice Games (CR)</b>  2:00 <b>BINGO (CR/53)</b> 3:00 <b>Open Milk Bar! (CR)</b>  4:00 <b>NATIONAL GEOGRAPHIC (53)</b>  6:00 <b>Trivia Bash (CR)</b>  <b>פורים שמח!</b></div>
<div>24 <b>Palm Sunday</b> Morning Greetings (RR) 9:30 <b>Jazz &amp; Fitness (53/CR)</b> 11:00 <b>Church Service (CR)</b> 2:00 <b>Sunday Matinee(CR/53)</b> 4:00 <b>Classical Music (53)</b> 6:00 <b>Game Jamboree (CR)</b></div> <div>31 <b>HAPPY EASTER</b></div> <div>Morning Greetings (RR) 9:30 <b>Sunday Jazz (53)</b> 11:00 <b>St. Francis Easter Service (CR)</b>  2:00 <b>Easter Matinee &amp; Social (CR)</b> 4:00 <b>Classical Music (53)</b></div>	<div>25 <b>Holi Spring Festival</b></div> <div>Morning Greetings (RR) 9:30 <b>Oriol FM (53)</b> 9:30 <b>Stretch &amp; Tone (CR)</b> 10:00 <b>Nail &amp; Hand Pampering (CR)</b>  2:00 <b>Easter Cards &amp; Cotton Tail Social (CR)</b> 4:00 <b>Space Traveling (53)</b> 5:00 <b>Dinner Theater (24)</b> </div>	<div>26 <b>Kuhio Day Hawaiian Holiday</b>  Morning Greetings (RR) 9:30 <b>Hawaii (53)</b> 9:30 <b>Hula Workout (CR)</b>  10:30 <b>Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  2:00 <b>BINGO ALOHA (CR/53)</b>  3 <b>Piña Colada Lounge (CR)</b> 4:00 <b>Spanish TV (53)</b></div>	<div>27 <b>Happy Birthday to Everyone Day</b></div> <div>Morning Greetings (RR) 9:30 <b>Positive Yogacize!-CR</b> 9:30 <b>Mother Nature (53)</b> 10:30 <b>VIP Visits (RR)</b> 10:30 <b>PO-KE-NO (CR)</b>  1:30 <b>Bookmobile (RR)</b> 2:30 <b>Birthday Celebration with Gary Landgren &amp; Social (CR)</b>  5:00 <b>MOVIE NIGHT (53)</b></div>	<div>28 <b>Baseball's Official Opening Day</b>  Morning Greetings (RR) 9:30 <b>Friendly Fitness (CR)</b> 9:30 <b>Country Music (53)</b> 10:00 <b>Nail &amp; Hand Pampering (CR)</b>  2:00 <b>Home Run Bingo (CR/53)</b>  3:00 <b>Major League Café (CR)</b> 4:00 <b>Rosary Resonate (53)</b></div>	<div>29 <b>GOOD FRIDAY</b>  Morning Greetings (RR) 9:30 <b>Up &amp; At'Em! Gym (CR)</b> 10:00 <b>Virtual Pet Visits (53)</b> 10:00 <b>Word Games (CR)</b> 2:00 <b>Beautiful Good Friday Music &amp; Art (CR)</b>  3:00 <b>Hot Cross Buns Social (CR)</b>  3:00 <b>VIP Visits (RR)</b> 4:00 <b>Armchair Travels (53)</b> 6:00 <b>Cheer Chasers (CR)</b> <b>Shabbat Shalom</b></div>	<div>30 <b>Doctors' Day</b></div> <div>Morning Greetings (RR) 9:30 <b>Weekend Boot Camp Exercise (CR)</b> 10:30 <b>Sitcom Classics (53)</b> 10:30 <b>Race to the ER ~ Dice Games (CR)</b>  2:00 <b>BINGO (CR/53)</b> 3:00 <b>Open Juice Bar! (CR)</b>  4:00 <b>NATIONAL GEOGRAPHIC (53)</b> </div>