

# HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett  
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms  
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



*"Sailing Through the Decades on The Oriol Odyssey"*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Broadcasting Live!! Special Activity Programs</p> <p><b>LIVE STREAM</b></p> <p>Oriol TV Network Channel 53 Please Tune In!</p>	<p><i>"Sailing Through the Decades of the Golden Age of Radio"</i></p> <p>May 13<sup>th</sup> ~ 17<sup>th</sup></p>	<p><b>MAY 2024</b></p> <p><i>Please observe or Join our activity programs.</i></p> <p><i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p>1 <b>HAPPY May Day</b></p> <p>Morning Greetings (RR) 9:30 Positive Thinking &amp; Yogacize! (CR) 9:30 Classic Cartoons (53) 10:30 VIP Visits (RR) 10:30 PO-KE-NO (CR)</p> <p>2:00 Bookmobile (RR) 2:00 Nail STUDIO (CR) 3:00 Happy Hour (CR) 5:00 MOVIE NIGHT (53) 6:00 Fun Factory (CR)</p>	<p>2 <b>Happy Birthday, David Beckham</b> ~ 1975</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 9:30 Country Music (53) 10:30 Kickball (CR)</p> <p>2:00 Bingo (CR) SCORE 3:00 Mix &amp; Mingle Lounge (CR) 4:00 Rosary Resonate (53)</p>	<p>3 <b>Garden Meditation Day</b></p> <p>Morning Greetings (RR) 9:30 Up &amp; At'Em! Fun (CR) 10:00 Virtual Pet Visits (53) 10:00 Word Games (CR) 11 First Congregational Church Service (CR) 2:00 Sitcom Classics (53) 2:00 Oriol Academy Memorial Garden (CR) 3:00 Rose Café (CR) 3:00 VIP Visits (RR) 4:00 Armchair Travels (53) 6:00 Fun Factory (CR) Shabbat Shalom</p>	<p>4 <b>"May the 4th Be with You"</b></p> <p>Morning Greetings (RR) 9:30 Spring Fling Gym (CR) 10:30 Sitcom Classics (53) 10:30 Residents Choice Dice Games (CR) 2:00 BINGO (CR) 3:00 Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>5 <b>Celebrate the CINCO DE MAYO</b></p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns &amp; Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>6 <b>National Nurses Week</b></p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch &amp; Tone (CR) 10:00 Thank You Candy Bars Craft (CR) 2:00 Nail STUDIO (CR) &amp; Cup of Conversation 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>7 <b>Milky Way Day</b> ~ 1923</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack &amp; Chat (CR) 4:00 Spanish Eve (53) 6:00 Let the games begin! (CR)</p>	<p>8 <b>Peter Pan Day</b></p> <p>Morning Greetings (RR) 9:30 Positive Thinking &amp; Yogacize! (CR) 9:30 Classic Cartoons (53) 10:30 VIP Visits (RR) 10:30 PO-KE-NO (CR) 2:00 Bookmobile (RR) 2:00 Nail STUDIO (CR) 3:00 Happy Hour (CR) 3:00 Painting (53) 5:00 MOVIE NIGHT (53) 6:00 Fun Factory (CR)</p>	<p>9 <b>Foodies Day</b></p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 9:30 Country Music (53) 10:30 Men Make Dinner (CR) 2:00 "Boiling" Bingo (CR) 3:00 Mix &amp; Mingle Lou'nge (CR) 4:00 Rosary Resonate (53)</p>	<p>10 <b>Mother's OCEAN Day</b></p> <p>Morning Greetings (RR) 9:30 Up &amp; At'Em! Fun (CR) 10:00 Virtual Pet Visits (53) 10:30 Wave your Years Goodbye! Makeup Session (CR) 2:00 Sitcom Classics (53) 2:00 Oriol Academy Name that Melody (CR) 3:00 Open Beach Bar (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>11 <b>International Migratory Bird Day</b></p> <p>Morning Greetings (RR) 9:30 Spring Fling Gym (CR) 10:30 Sitcom Classics (53) 10:30 Residents Choice Dice Games (CR) 2:00 BINGO (CR) 3:00 Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>

Sunday	Fabulous Monday	Groovy Tuesday	Retro Wednesday	Awesome Thursday	Booyah! Friday	Saturday
<p>12  <b>Happy Mother's Day!</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Sunday Jazz (53)</p> <p>9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 Spiritual Hymns &amp; Songs (CR)</p> <p>11:00 St. Francis Church Service (CR)</p> <p>2:00 Mother' Day Social &amp; Matinee (CR/53)</p> <p>4:00 Classical Music (53)</p>	<p>13  Morning Greetings (RR)</p> <p>9:30 Virtual Love Paws (53)</p> <p>9:30 Boogie </p> <p>Woogie Gym (CR)</p> <p>10:00 Nifty Nail Salon (CR)</p> <p>2:30  Heather (CR)</p> <p>2:30 Rollin' Soda Shop Lido Deck (CR)</p> <p>4:00  (53)</p>	<p>14  Morning Greetings (RR)</p> <p>9:30 Groovy Tunes (53)</p> <p>9:30 Hippie's Fitness (CR)</p> <p>10:30 Rosary &amp; Service St. Mary's Church (CR)</p> <p>2:00 Peace Bingo (CR)</p> <p>3:00 Hang Loose! </p> <p>All aboard! (CR)</p> <p>4:00 Spanish Tube (53)</p> <p>6:00 Twitchin' Games (CR)</p>	<p>15  Morning Greetings (RR)</p> <p>9:30 DJ's Gym (CR)</p> <p>9:30 Classic Cartoons (53)</p> <p>10:30 VIP Visits (RR)</p> <p>10:30  PO*KE*NO</p> <p>12 Fab Lunch Bunch! (CR)</p> <p>2:00 Book-Wagon (RR)</p> <p>2:30  Gary Rocks! (CR)</p> <p>3:30 Don't "Rock" the Boat! Café (CR)</p> <p>6 Smashin' Manicures (CR)</p>	<p>16  Morning Greetings (RR)</p> <p>9:30 Friendly Aerobics (CR)</p> <p>9:30 80's Rock! (53)</p> <p>10:30 Treasure Chest Bingo (CR) </p> <p>2:30  Jazzy Jig with Clyde Wheatley (CR)</p> <p>3:30 Ahoy! Black Pearl Bar (CR) </p> <p>4:00 Rosary ~ Madonna (53)</p>	<p>17  Morning Greetings (RR)</p> <p>9:30 Jazzercise (CR)</p> <p>10:00 Pirate's Pets (53)</p> <p>10:00 Oh Snap! All Hands on Deck! Battle of the Caribbean's (CR) </p> <p>2:30  DJ Alexandria! 90's Mega Mix (CR)</p> <p>3:30 Chillax &amp; Snack! 3 VIP Visits (RR)</p> <p>4 Bon Voyage (53) </p> <p>Shabbat Shalom</p>	<p>18  <b>ARMED FORCES DAY</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Spring Fling Gym (CR)</p> <p>10:30 Sitcom Classics (53)</p> <p>10:30 Residents Choice Dice Games (CR) </p> <p>2:00  (CR)</p> <p>3:00 Open Juice Bar! (CR) </p> <p>4:00  NATIONAL GEOGRAPHIC (53)</p>
<p>19 <b>Ice Cream in the House Day</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Sunday Jazz (53)</p> <p>9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 VIP Visits (W)</p> <p>10:30 Spiritual Hymns &amp; Songs (CR)</p> <p>11:00 St. Francis Church Service (CR)</p> <p>2:00 Sunday Matinee (CR/53)</p> <p>4:00 Classical Music (53)</p>	<p>20 <b>Backyard Games Week Begins</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Virtual Pet Visits (53)</p> <p>9:30 Stretch &amp; Tone (CR)</p> <p>10 Courtyard Carnival (C) </p> <p>2:00  Nail (CR) &amp; Cup of Conversation</p> <p>4:00 Space Traveling (53)</p> <p>5:00 Dinner Theater (24) </p>	<p>21 <b>Cultural Diversity Day</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Tuesday Tunes (53)</p> <p>9:30 AM Workout (CR)</p> <p>10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53)</p> <p>3:00 Snack &amp; Chat (CR)</p> <p>4:00 Spanish Eve (53)</p> <p>6:00 Let the games begin! (CR)</p>	<p>22 <b>Vanilla Pudding Day</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Positive &amp; Yogacize (CR)</p> <p>9:30 Classic Cartoons (53)</p> <p>10:30 VIP Visits (RR)</p> <p>10:30  (CR)</p> <p>1:30 Dining Committee (CR)</p> <p>2:00 Bookmobile (RR)</p> <p>2:00  Nail (CR)</p> <p>3:00 Happy Hour (CR)</p> <p>3:00 Painting </p> <p>5:00  MOVIE NIGHT (53)</p> <p>6:00 Fun Factory (CR)</p>	<p>23 <b>Lucky Donut Day</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Friendly Fitness (CR)</p> <p>9:30 Country Music (53)</p> <p>10:30  (CR)</p> <p>Peace • Love • Donuts &amp; Coffee Brunch!</p> <p>2:00 Bingo (CR/53)</p> <p>3:00 Mix &amp; Mingle Lounge (CR)</p> <p>4:00 Rosary Resonate (53)</p>	<p>24 <b>Bermuda Day</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Up &amp; At'Em! Fun (CR)</p> <p>10:00 Virtual Pet Visits (53)</p> <p>10:00  BERMUDA Word Games (CR)</p> <p>2:00 Sitcom Classics (53)</p> <p>2:00 Oriol Academy Name that Melody (CR) </p> <p>3:00 Open Beach Bar (CR)</p> <p>4:00 Armchair Travels (53)</p> <p>Shabbat Shalom</p>	<p>25 <b>I'm in a Pickle Day</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Spring Fling Gym (CR)</p> <p>10:30 Sitcom Classics (53)</p> <p>10:30 Residents Choice Dice Games (CR) </p> <p>2:00  (CR/53)</p> <p>3:00 Open Juice Bar! (CR) </p> <p>4:00  NATIONAL GEOGRAPHIC (53)</p>
<p>26 <b>Indianapolis 500-Mile Race</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Sunday Jazz (53)</p> <p>9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 Spiritual Hymns &amp; Songs (CR)</p> <p>11:00 St. Francis Church Service (CR)</p> <p>2:00 Sunday Matinee (CR/53)</p> <p>4:00 Classical Music (53)</p>	<p>27 <b>HAPPY MEMORIAL DAY</b> </p> <p>Morning Greetings (RR)</p> <p>10:30 "Waving Colors ~ Old Glory" Word Mining &amp; Painting (CR)</p> <p>2:00  Cherry Pie Social (CR)</p> <p>5:00 Dinner Theater (24) </p>	<p>28 <b>Happy Birthday Volkswagen ~ 1937</b> </p> <p>Morning Greetings (RR)</p> <p>9:30 Tuesday Tunes (53)</p> <p>9:30 AM Workout (CR)</p> <p>10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53)</p> <p>3:00 Snack &amp; Chat (CR)</p> <p>4:00 Spanish Eve (53)</p> <p>6:00 Let the games begin! (CR)</p>	<p>29 <b>Health &amp; Fitness Day</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Positive Thinking &amp; Yogacize! (CR)</p> <p>9:30 Classic Cartoons (53)</p> <p>10:30 VIP Visits (RR)</p> <p>10:30  (CR)</p> <p>2:00 Bookmobile (RR)</p> <p>2:00 Resident Council (CR)</p> <p>3:00  Nail (CR) &amp; Happy Hour (CR)</p> <p>5:00  MOVIE NIGHT (53)</p> <p>6:00 Fun Factory (CR)</p>	<p>30 <b>A Lovely Day!</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Friendly Fitness (CR)</p> <p>9:30 Country Music (53)</p> <p>10:30 L♥vely Hats &amp; Flowers Art &amp; Crafts (CR) </p> <p>2:00 <b>I ♥ BINGO!</b> (CR/53)</p> <p>3:00 Happy Birthday Make a wish Social (CR) </p> <p>4:00 Rosary Resonate (53)</p>	<p>31 <b>What You Think Upon Grows Day</b></p> <p>Morning Greetings (RR)</p> <p>9:30 Up &amp; At'Em! Fun (CR)</p> <p>10:00 Virtual Pet Visits (53)</p> <p>10:00 Word Games (CR)</p> <p>2:00 Sitcom Classics (53)</p> <p>2:00 Oriol Academy Gift Basket Community Outreach (CR) </p> <p>3:00 Cup of Conversation (CR) </p> <p>3:00 VIP Visits (RR)</p> <p>4:00 Armchair Travels (53)</p> <p>Shabbat Shalom</p>	<p><b>Sensory Connection: VIP Visits + OTN-53</b></p> <p>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games &amp; Sensory Items, Daily Devotional as <b>Resident Room Visits</b></p>