

HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett









































(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Saturday

- 1 Morning Greetings (RR)
- 10:30 Sitcom Classics (53)
- 9:30 Weekend Workout (CR)
- 10:30 Residents Choice Dice Games (CR) 
- 2:00 BINGO (CR/53)
- 3:00 Open Juice Bar! (CR) 
- 4:00 NATIONAL GEOGRAPHIC (53) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Leave It to Beaver ~ 1948 </p> <p>Morning Greetings (RR)</p> <p>9:30 Sunday Jazz (53)</p> <p>9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 VIP Visits (W)</p> <p>10:30 Spiritual Hymns & Songs (CR)</p> <p>11:00 St. Francis Church Service (CR) </p> <p>2:00 Sunday Matinee (CR/53) </p> <p>4:00 Classical Music (53)</p>	<p>3 Thank God It's Monday! Morning Greetings (RR)</p> <p>9:30 Virtual Pet Visits (53)</p> <p>9:30 Stretch & Tone (CR)</p> <p>10:00 Nail Studio (CR) </p> <p>2:30 Tune into June Party with P.E. (CR) </p> <p>3:30 Watermelon Picnick (C) </p> <p>4:00 Space Traveling (53)</p> <p>5:00 Dinner Theater (24) </p>	<p>4 Automobile Innovation </p> <p>Day ~ 1896</p> <p>Morning Greetings (RR)</p> <p>9:30 Tuesday Tunes (53)</p> <p>9:30 AM Workout (CR)</p> <p>10:30 Rosary Service & Prayer with St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53)</p> <p>3:00 Snack & Chat (CR)</p> <p>4:00 Spanish Eve (53)</p> <p>6:00 Noah's Game Night (CR/C)</p>	<p>5 Wiser Now Wednesday Morning Greetings (RR) </p> <p>9:30 Classic Cartoons (53)</p> <p>9:30 Positive Yogacize (CR)</p> <p>10:30 Wachusett Wednesday (W)</p> <p>10:30 PO-KE-NO (CR) </p> <p>2:00 Bookmobile (RR)</p> <p>2:00 Nail Studio (CR) & Happy Hour </p> <p>3:00 Picasso's Club </p> <p>5:00 MOVIE NIGHT (53)</p> <p>6:00 Twilight Lounge (CR)</p>	<p>6 Stop and Smell the Roses Day </p> <p>Morning Greetings (RR)</p> <p>9:30 Country Music (53)</p> <p>9:30 Friendly Fitness (CR)</p> <p>10:30 Lovely Roses Art (CR) </p> <p>2:00 Blooming Bingo (CR/53)</p> <p>3:00 Mix & Mingle Patio Party (C)</p> <p>4:00 Rosary Resonate (53)</p>	<p>7 Morning Greetings (RR) </p> <p>10:00 Virtual Pet Visits (53)</p> <p>9:30 Up & At'Em! Fun (CR)</p> <p>10:00 "Glazed Doughnuts" Word Mining (CR)</p> <p>11 First Congregational Church Service (CR) </p> <p>2:00 Sitcom Classics (53)</p> <p>2:00 DoNot Be Late for Mytery Donuts & Caffée (CR) </p> <p>4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>8 Belmont Stakes </p> <p>Morning Greetings (RR)</p> <p>10:30 Sitcom Classics (53)</p> <p>9:30 Weekend Workout (CR)</p> <p>10:30 Residents Choice Dice Games (CR) </p> <p>2:00 BINGO (CR/53)</p> <p>3:00 Open Juice Bar! (CR) </p> <p>4:00 NATIONAL GEOGRAPHIC (53) </p>
<p>9 NATIONAL FLAG WEEK </p> <p>Morning Greetings (RR)</p> <p>9:30 Sunday Jazz (53)</p> <p>9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 VIP Visits (W)</p> <p>10:30 Spiritual Hymns & Songs (CR)</p> <p>11:00 St. Francis Church Service (CR) </p> <p>2:00 Sunday Matinee (CR/53) </p> <p>4:00 Classical Music (53)</p>	<p>10 Candy Man Day ~1972</p> <p>Morning Greetings (RR)</p> <p>9:30 Virtual Pet Visits (53)</p> <p>9:30 Stretch & Tone (CR)</p> <p>10:00 Nail Studio (CR) </p> <p>2:00 Courtyard CANDY LAND Adventure (C)</p> <p>4:00 Space Traveling (53)</p> <p>5:00 Dinner Theater (24) </p>	<p>11 German Chocolate Cake Day </p> <p>Morning Greetings (RR)</p> <p>9:30 Tuesday Tunes (53)</p> <p>9:30 AM Workout (CR)</p> <p>10:30 Rosary Service & Prayer with St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53)</p> <p>3:00 Snack & Chat (CR)</p> <p>4:00 Spanish Eve (53)</p> <p>6:00 Noah's Game Night (CR/C)</p> <p>Happy SHAVUOT Begins at Sundown</p>	<p>12 Red Rose Day </p> <p>Morning Greetings (RR)</p> <p>9:30 Classic Cartoons (53)</p> <p>9:30 Positive Yogacize (CR)</p> <p>10:30 Wachusett Wednesday (W)</p> <p>10:30 PO-KE-NO (CR) </p> <p>2:00 Bookmobile (RR)</p> <p>2:00 Nail Studio (CR) & Happy Hour </p> <p>3:00 Picasso's Club </p> <p>5:00 MOVIE NIGHT (53)</p> <p>6:00 Twilight Lounge (CR)</p>	<p>13 It's Kitchen Klutzes Day!</p> <p>Morning Greetings (RR)</p> <p>9:30 Country Music (53)</p> <p>9:30 Friendly Fitness (CR)</p> <p>10:30 Busy Backers (CR) </p> <p>2:00 "Hot" Bingo (CR/53)</p> <p>3:00 Mix & Mingle Patio Party (C)</p> <p>4:00 Rosary Resonate (53)</p>	<p>14 FLAG DAY </p> <p>Morning Greetings (RR)</p> <p>10:00 Virtual Pet Visits (53)</p> <p>9:30 Up & At'Em! Fun (CR)</p> <p>10 "Star Spangled Banner" Word Mining (CR)</p> <p>2:00 Sitcom Classics (53)</p> <p>2:30 "You're a grand old flag" Welcome Gary Landgren (CR) </p> <p>3:30 Yankee Doodle Social (CR)</p> <p>4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>15 As Good As It Gets Day </p> <p>Morning Greetings (RR)</p> <p>10:30 Sitcom Classics (53)</p> <p>9:30 Weekend Workout (CR)</p> <p>10:30 Residents Choice Dice Games (CR) </p> <p>2:00 BINGO (CR/53)</p> <p>3:00 Open Juice Bar! (CR) </p> <p>4:00 NATIONAL GEOGRAPHIC (53) </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16 FATHER'S DAY </p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>17 Nursing Assistants Day </p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Nail Studio (CR) 2:30 Happy Birthday Bash with Heather Marie (CR) 3:00 Make a Wish! Cake & Coffee Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>18 Sir Paul McCartney's Birthday ~ 1942 </p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR/C)</p>	<p>19 Juneteenth FREEDOM DAY</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Wachusett Wednesday (W) 10:30 PO-KE-NO (CR) 1:30 Dining Committee (CR) 2:00 Bookmobile (RR) 2:00 Nail Studio (CR) & Happy Hour 3:00 Picasso's Club (53) 5:00 MOVIE NIGHT (53) 6:00 Twilight Lounge (CR)</p>	<p>20 hello SUMMER </p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Summertime Mini Golf & Soap Bubbles (CR/C) 2:00 Bingo (CR/53) 3:00 Mix & Mingle Patio Party (C) 4:00 Rosary Resonate (53)</p>	<p>21 World Music Day </p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10 "MUSIC" CATEGORIES Word Games (CR) 2:00 Sitcom Classics (53) 2:00 Oriol Academy Summer Recess Name that Melody (CR) 3:00 Hard Rock Café (CR) 4:00 Armchair Travels (53)</p>	<p>22 Audiobook Day </p> <p>Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Residents Choice Dice Games (CR) 2:00 BINGO (CR/53) 3:00 Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>23 National Pink Day </p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>24 The Lion King ~ 1994 </p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Nail Studio (CR) 2:30 Roaring Shindig with Alexandria (CR) & Fried-Dough-Bash (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>25 Burj Khalifa Tower DUBAI ~ 2007 </p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR/C)</p>	<p>26 Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Wachusett Wednesday (W) 10:30 PO-KE-NO (CR) 2:00 Resident Council (CR) 2:00 Bookmobile (RR) 2:00 Nail Studio (CR) & Happy Hour 3:00 Picasso's Club (53) 5:00 MOVIE NIGHT (53) 6:00 Twilight Lounge (CR)</p>	<p>27 Sunglasses Day </p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Glitzy Glasses Craft (CR) 2:00 Shady Bingo (CR/53) 3:00 Mix & Mingle Patio Party (C) 4:00 Rosary Resonate (53)</p>	<p>28 Raggedy Ann Doll ~ 1917 </p> <p>Morning Greetings (RR) 10:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 "Raggedy Ann Doll" Word Mining (CR) 12:00 Courtyard BBQ (C) 2:00 Sitcom Classics (53) 2:00 Pass the Doll! Musical Chair & Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>29 Tour de France Begins </p> <p>Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Residents Choice Dice Games (CR) 2:00 BINGO (CR/53) 3:00 Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>30 Willy Wonka & the Chocolate Factory ~ 1971</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>Broadcasting Live!! Special Activity Programs</p> <p></p> <p>Oriol TV Network Channel 53 Please Tune In!</p> <p></p>	<p>JUNE 2024</p> <p><i>Please observe or Join our activity programs</i></p> <p><i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p>hello, Summer </p>	<p>Wachusett Wednesday, VIP Visits & OTN-53</p> <p>1:1's & activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>What's Lucky in June?</p> <p>Color: Teal</p> <p>Animal: Dog</p> <p>Letters: V & J</p> <p>Day: Wednesday</p> <p>Plant: Magnolia</p>	<p>Special Days</p> <p>D-Day June 6</p> <p>Shavuot Begins June 11</p> <p>Flag Day June 14</p> <p>Father's Day June 16</p> <p>Juneteenth June 19</p> <p>First Day of Summer June 20</p>