

HOLDEN REHABILITATION & SKILLED NURSING CENTER





(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Broadcasting Live!! Special Activity Programs</p> <p>LIVE STREAMING</p> <p>Oriol TV Network Channel 53 Please Tune In!</p>	<p>AUGUST 2024</p> <p><i>Please observe or Join our activity programs.</i></p> <p><i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p>Special Days</p> <p>Friendship Day August 4</p> <p>Civic Holiday (Canada) August 5</p> <p>International Cat Day August 8</p> <p>National Radio Day August 20</p> <p>Senior Citizen Day August 21</p> <p>National Waffle Day August 24</p> <p>Women's Equality Day August 26</p>	<p>Sensory Connection: VIP Visits & OTN-53</p> <p>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as</p> <p>Resident Room Visits</p>	<p>1 Yellow Thursday</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Olympic Game A Thon (CR) 2:00 Be on my Team! Bingo (CR/53) 3:00 Mix & Mingle (CR/C) 4:00 Rosary Resonate (53)</p>	<p>2 Green Friday</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:30 Spiritual Hymns (CR) 11 First Congregational Church Service (CR) 2:00 Sitcom Classics (53) 2:00 Olympic Word Games (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>3 Go for the Gold!</p> <p>Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR)</p> <p>2:00 BINGO (CR/53)</p> <p>3:00 Lemonade Stand (CR)</p> <p>4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>4 Go for the Gold!</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Olympic Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>5 Blue Monday</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Olympic Rings Coloring Society (CR) 2:00 Winning Manicure nail service (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>6 Black Tuesday</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Bookmobile (RR) 10:30 Rosary, Prayer Service with St. Mary's Church (CR) 2:00 BINGO Go For The GOLD!! 4:00 Spanish Eve (53) 6 Noah's Game Night (CR/C)</p>	<p>7 Red Wednesday</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Winning Manicure nail service (CR) 10:30 Picasso's Painting Class (CR) 2:00 Olympic (CR) PO-KE-NO & Happy Hour 5:00 MOVIE NIGHT (53)</p>	<p>8 Yellow Thursday</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Olympic Game A Thon (CR) 2:00 Be on my Team! Bingo (CR/53) 4:00 VIP Visits (RR) 3:00 Mix & Mingle (CR/C) 4:00 Rosary Resonate (53)</p>	<p>9 Green Friday</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:30 "Olympic Rings" Word Mining Society (CR) 2:00 Sitcom Classics (53) 2:30 Golden Tunes with Gary (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>10 Go Team USA!</p> <p>Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR)</p> <p>2:00 BINGO (CR/53)</p> <p>3:00 Lemonade Stand (CR)</p> <p>4:00 NATIONAL GEOGRAPHIC (53)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11 Go Team USA!  Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Olympic Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) 7:00 Summer Olympics Closing Ceremony on NBC</p>	<p>12 Shooting Stars Days Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 2:30 Let the good times roll & Thank your lucky stars Cheers! with Alexandria (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>13 Southpaw Left-Handers Day Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR/C)</p>	<p>14 Summer Song Days Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 10:30 Picasso's Painting Class (CR) 2:00 Bookmobile (RR) 1:30 Dining Committee (CR) 2:00 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53) 6:00 Jasira's Jukebox (CR)</p>	<p>15 National Relaxation Day Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 These are a few of our favorite things Toss & Talk (CR) THESE ARE A FEW OF MY FAVORITE THINGS 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR/C) 4:00 Rosary Resonate (53)</p>	<p>16 Remembering Elvis Day Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:00 "Elvis Aaron Presley" Word Mining (CR) 2:00 Sitcom Classics (53) 2:00 Name that Melody (CR) 3:00 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>17 World Honey Bee Day Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Lemonade Stand (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>18 Serendipity Day Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>19 Once in a Blue Moon Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 2:30 Luau Party & Piña Colada Coctails with Heather Marie (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>20 NFL's Birthday Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR/C)</p>	<p>21 Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 10:30 Picasso's Painting Class (CR) 2:00 Bookmobile (RR) 2:00 PO-KE-NO (CR) 5:00 Movie Night (53) 6:00 SENIOR Prom NIGHT (CR/C)</p>	<p>22 Be an Angel Day Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Hands On-Fun BBQ Prep (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR/C) 4:00 VIP Visits (RR) 4:00 Rosary Resonate (53)</p>	<p>23 "Singin' in the Rain" Day Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:00 UMBRELLA Categories (CR) 2:00 Sitcom Classics (53) 2:00 Name that Melody (CR) 3:00 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>24 A Gem of a Day Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Dog Therapy visits with Byrdie 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Lemonade Stand (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>25 Sunglasses Sunday Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>26 Women's Equality Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 2:30 Happy Birthday Bash with PE (CR) 3:00 Make a Wish! Cake & Coffee Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>27 Puttering Around Day Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR/C)</p>	<p>28 Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Yogacize (CR) 10:30 Welcome to <i>manicure</i> nail service (CR) 10:30 Picasso's Painting Class (CR) 2:00 Bookmobile (RR) 2:00 Resident Council (CR) 2:30 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53) 6:00 Jasira's Jukebox (CR)</p>	<p>29 Happy Birthday, Mary Poppins ~ 1964 Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Donuts & Muffins & Mary Poppins (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR/C) 4:00 Rosary Resonate (53)</p>	<p>30 Marshmallow Toasting Day Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:00 "Roasted Marshmallow" Word Mining (CR) 2:00 Sitcom Classics (53) 2:00 Name that Melody (CR) 3:00 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>31 Remembering Princess Diana Day Morning Greetings (RR) 10:30 Sitcom Classics (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Lemonade Stand (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>