

# HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett  
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms  
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library

# February 2025

## Happy Presidents Day



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Broadcasting Live!! Special Activity Programs</b></p> <p><b>LIVE STREAMING</b></p> <p><b>Oriol TV Network Channel 53 Please Tune In!</b></p>	<p><b>Presidents' Day</b></p>	<p><b>Special Days</b></p> <p>Groundhog Day February 2</p> <p>Super Bowl LIX February 9</p> <p>Galentine's ~ "Girlfriend's Day" February 13</p> <p>Valentine's Day February 14</p> <p>Presidents' Day February 17</p>	<p><b>Happy Valentine's Day</b></p>	<p><b>Sensory Connection: VIP Visits &amp; OTN-53</b></p> <p>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games &amp; Sensory Items, Daily Devotional as <b>Resident Room Visits</b></p>	<p><b>FEBRUARY 2025</b></p> <p><i>Please observe or Join our activity programs.</i></p> <p><i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p><b>1 HELLO february</b></p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53)</p> <p>9:30 Weekend Workout (CR) 10:30 "Racing Hearts" Weekend Games (CR) </p> <p>2:00 BINGO (53/CR) 3:00 Open Juice Bar! (CR) </p> <p>4:00 NATIONAL GEOGRAPHIC (53) </p>
<p><b>2 GROUNDHOG DAY</b></p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR)</p> <p>10:30 Spiritual Hymns &amp; Songs (CR) </p> <p>11:00 Chapel Service with St. Francis Church (CR) </p> <p>2:00 Sunday Matinee (CR/53) </p> <p>4:00 Classical Music (53)</p>	<p><b>3 Wedding March Day Mendelssohn ~ 1809</b></p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch &amp; Tone (CR) 10:30 Nail Studio (CR) </p> <p>2:00 LET THE GOOD TIMES ROLL WITH P.E. (CR) </p> <p>HEART ROCKCAFÉ 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p><b>4 Rosa Parks' Birth Anniversary ~ 1913</b></p> <p>Morning Greetings (RR) 9:00 Winter Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Catholic Mass with Fr. Miguel Pagan &amp; St. Mary's Rosary (CR) </p> <p>2:00 Sweetheart Bingo (CR/53) </p> <p>3:00 "Picasso's" Painting Class (CS) 6:00 Noah's Game Night (CR) Noche de Musica Española (53)</p>	<p><b>5 Girls and Women in Sports Day</b></p> <p>Morning Greetings (RR) 9:30 Positive Thinking &amp; Yogacize! (CR) 10:00 Classic Cartoons (53) 10:30 Star of the game! Balloon Volleyball (CR) </p> <p>2:00 Nail Studio </p> <p>&amp; Cup of Conversation (CR) 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p>	<p><b>6 Massachusetts Day</b></p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Massachusetts Bay State Word Mining (CR) </p> <p>2:00 Bingo Bash (CR/53) 3:00 Young at Heart Snack &amp; Chat (CR) 5:00 Rosary Resonate (53) 6:00 "Teeny-weeny" Movie Matinee (CR)</p>	<p><b>7 National Wear Red Day</b> </p> <p>Morning Greetings (RR) 9:30 Up &amp; At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:00 Cardio Bowling Competition (CR) </p> <p>11:00 First Congregational Service (CR) </p> <p>2:00 POKE-NO (CR) </p> <p>&amp; Mix &amp; Mingle Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p><b>8 Laugh and Grow Rich Day</b></p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53) 9:30 Weekend Workout (CR) </p> <p>10:30 Fun &amp; Games with Youth Group from ST. Columba Church (CR)</p> <p>2:00 BINGO (53/CR) 3:00 Laugh &amp; Lounge Comedy Hour (CR) 4:00 NATIONAL GEOGRAPHIC (53) </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>9 Super Bowl LVIII Sunday</b>  Morning Greetings (RR)  <b>9:30 Sunday Jazz (53)</b>  9:30 Silver Sneakers Fitness (CR)  <b>10:30 Spiritual Hymns &amp; Songs (CR)</b>  11:00 Chapel Service St. Francis Church (CR)  <b>2:00 Sunday Matinee (CR/53)</b>  4:00 Classical Music (53)  6:30 TV channel 13 ~ FOX  <b>SUPER BOWL</b></p> 	<p><b>10 Heart-2-Heart Day</b>  Morning Greetings (RR)  <b>9:30 Virtual Pet Visits (53)</b>  9:30 Stretch &amp; Tone (CR)  <b>10:30 Nail Studio (CR)</b>  <b>2:00 NAME THAT TUNE (CR)</b>  <b>HEART ROCKCAFÉ</b>  4:00 Space Traveling (53)  5:00 Dinner Theater (24)  Hallmark Channel</p> 	<p><b>11 Make a Friend Day</b>  Morning Greetings (RR)  <b>9:00 Winter Wonderland Zen (53)</b>  9:30 AM Workout (CR)  <b>10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  <b>2:00 Sweetheart Bingo (CR/53)</b>  3:00 "Picasso's" Painting Class (CS)  <b>6:00 Noah's Game Night (CR)</b>  Noche de Musica Española (53)</p> 	<p><b>12 Full Snow Moon</b>  Morning Greetings (RR)  9:30 Positive Thinking &amp; Yogacize! (CR)  <b>10:00 Classic Cartoons (53)</b>  10:30 Mosaic Hearts  Art &amp; Craft (CR)  1:30 Dining Committee (CR)  <b>2:00 Nail Studio &amp; Cup of Conversation (CR)</b>  <b>5:00 MOVIE NIGHT (53)</b>  <b>6:00 "Itsy-bitsy" Bingo (CR)</b>  <b>Tu B'Shevat Begins at Sundown</b></p> 	<p><b>13 Get a Different Name Day</b>  Morning Greetings (RR)  9:30 Friendly Fitness (CR)  <b>10:00 Country Music (53)</b>  10:00 What is My Cupid Name? (CR)  <b>11:00 Chapel Service with St. Francis Church (CR)</b>  <b>2:00 Bingo Bash (CR/53)</b>  3:00 Young at Heart  Snack &amp; Chat (CR)  <b>5:00 Rosary Resonate (53)</b>  <b>6:00 "High Rollers" Fun with Maddie (CR)</b></p> 	<p><b>14 HAPPY VALENTINE'S DAY</b>  Morning Greetings (RR)  9:30 Up &amp; At'Em! Gym (CR)  <b>10:00 Virtual Pet Visits (53)</b>  10:00 <b>POKE-NO (CR)</b>  <b>2:30 Love is in the Air!! Celebration with Heather Marie (CR)</b>  3 Mix &amp; Mingle Social (CR)  <b>4:00 Armchair Travels (53) Shabbat Shalom</b></p> 	<p><b>15 Happy Birthday Galileo ~ 1564</b>  Morning Greetings (RR)  <b>10:30 Classic Gameshows (53)</b>  9:30 Weekend Workout (CR)  <b>10:30 "Racing Hearts" Weekend Games (CR)</b>  <b>2:00 BINGO (53/CR)</b>  <b>3:00 Lovely Tunes with JC &amp; Open Juice Bar! (CR)</b>  <b>4:00 NATIONAL GEOGRAPHIC (53)</b></p> 
<p><b>16 Morning Greetings (RR)</b>  <b>9:30 Sunday Jazz (53)</b>  9:30 Fitness (CR)  <b>10:30 Spiritual Hymns &amp; Songs (CR)</b>  11:00 Chapel Service with St. Francis Church (CR)  <b>2:00 Sunday Matinee (CR/53)</b>  2:30 Daytona 500 NASCAR TV 13 ~ FOX  <b>4:00 Classical Music (53)</b></p> 	<p><b>17 Presidents' Day</b>  Morning Greetings (RR)  <b>9:30 Virtual Pet Visits (53)</b>  9:30 Stretch &amp; Tone (CR)  <b>10:30 Manicures (CR)</b>  <b>2:30 HAPPY PRESIDENT'S DAY with Gary Landgren (CR)</b>  4:00 Space Traveling (53)  5:00 Dinner Theater (24)  Hallmark Channel</p> 	<p><b>18 Battery Day ~1745</b>  Morning Greetings (RR)  <b>9:00 Winter Wonderland Zen (53)</b>  9:30 AM Workout (CR)  <b>10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  <b>2:00 Sweetheart Bingo (CR/53)</b>  3:00 "Picasso's" Painting Class (CS)  <b>6:00 Noah's Game Night (CR)</b>  Noche de Musica Española (53)</p> 	<p><b>19 Prize in the Box Day</b>  Morning Greetings (RR)  9:30 Positive Thinking &amp; Yogacize! (CR)  <b>10:00 Classic Cartoons (53)</b>  10:30 Mystery Auction (CR)  <b>2:00 Nail Studio &amp; Cup of Conversation (CR)</b>  <b>5:00 MOVIE NIGHT (53)</b>  <b>6:00 Evening Shindig (CR)</b></p> 	<p><b>20 Cherry Pie Day</b>  Morning Greetings (RR)  9:30 Friendly Fitness (CR)  <b>10:00 Country Music (53)</b>  10:30 Baking Bunch (CR)  <b>2:00 Bingo Bash (CR/53)</b>  3:00 Young at Heart  Snack &amp; Chat (CR)  <b>5:00 Rosary Resonate (53)</b>  <b>6:00 "Teeny-weeny" Movie Matinee (CR)</b></p> 	<p><b>21 National Caregivers Day</b>  Morning Greetings (RR)  9:30 Up &amp; At'Em! Gym (CR)  <b>10:00 Virtual Pet Visits (53)</b>  10:30 We Paws Community Outreach (CR)  <b>2:00 POKE-NO (CR)</b>  3 Mix &amp; Mingle Social (CR)  <b>4:00 Armchair Travels (53) Shabbat Shalom</b></p> 	<p><b>22 Miracle on Ice Anniversary ~1980</b>  Morning Greetings (RR)  <b>10:30 Classic Gameshows (53)</b>  9:30 Weekend Workout (CR)  <b>10:30 "Racing Hearts" Weekend Games (CR)</b>  <b>2:00 BINGO (53/CR)</b>  <b>3:00 Laugh &amp; Lounge Comedy Hour (CR)</b>  <b>4:00 NATIONAL GEOGRAPHIC (53)</b></p> 
<p><b>23 Flag Raising Iwo Jima ~1945</b>  Morning Greetings (RR)  <b>9:30 Sunday Jazz (53)</b>  9:30 Fitness (CR)  <b>10:30 Spiritual Hymns &amp; Songs (CR)</b>  11:00 Chapel Service with St. Francis Church (CR)  <b>2:00 Sunday Matinee (CR/53)</b>  4:00 Classical Music (53)</p> 	<p><b>24 "Once Upon a Time" Day</b>  Morning Greetings (RR)  <b>9:30 Virtual Pet Visits (53)</b>  9:30 Stretch &amp; Tone (CR)  <b>10:30 Nail Studio (CR)</b>  <b>2:30 Birthday Party with Alexandria (CR)</b>  3:00 Make a Wish! Café (CR)  4:00 Space Traveling (53)  5:00 Dinner Theater (24)  Hallmark Channel</p> 	<p><b>25 Quiet Day</b>  Morning Greetings (RR)  <b>9:00 Winter Wonderland Zen (53)</b>  9:30 AM Workout (CR)  <b>10:30 Rosary Service &amp; Prayer with St. Mary's Church (CR)</b>  <b>2:00 Sweetheart Bingo (CR/53)</b>  3:00 "Picasso's" Painting Class (CS)  <b>5:00 "Grubhub" Night (CR)</b>  Noche de Musica Española (53)</p> 	<p><b>26 Old West Day</b>  Morning Greetings (RR)  9:30 Positive Thinking &amp; Yogacize! (CR)  <b>10:00 Classic Cartoons (53)</b>  10:30 Senior Rodeo Ring Toss (CR)  1:30 Resident Council (CR)  <b>2:00 Nail Studio &amp; Cup of Conversation (CR)</b>  <b>5:00 MOVIE NIGHT (53)</b>  <b>6:00 "Itsy-bitsy" Bingo (CR)</b></p> 	<p><b>27 Polar Bear Day</b>  Morning Greetings (RR)  9:30 Friendly Fitness (CR)  <b>10:00 Country Music (53)</b>  10:30 POLAR &amp; BEAR Categories (CR)  <b>2:00 Bingo Bash (CR/53)</b>  3:00 Young at Heart  Snack &amp; Chat (CR)  <b>5:00 Rosary Resonate (53)</b>  <b>6:00 "High Rollers" Fun with Maddie (CR)</b></p> 	<p><b>28 Floral Design Day</b>  Morning Greetings (RR)  9:30 Up &amp; At'Em! Gym (CR)  <b>10:00 Virtual Pet Visits (53)</b>  10:00 Blossoming Colors Art (CR)  <b>2:00 POKE-NO (CR)</b>  3 Mix &amp; Mingle Social (CR)  <b>4:00 Armchair Travels (53) Shabbat Shalom</b></p> 	<p><b>GROUNDHOG DAY February 2nd</b>  </p>