

HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett

(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Saturday

1 **Lion Day**
 Morning Greetings (RR)
 10:30 Gameshows (53)
 9:30 Weekend Workout (CR)
 10:30 Weekend Games (CR)
 2:00 BINO (53/CR)
 3:00 Open Juice Bar! (CR) 
 4:00 NATIONAL GEOGRAPHIC (53) 

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

2 **Red Carpet Day ~ Oscar Sunday**
 Morning Greetings (RR)
 9:30 Sunday Jazz (53)
 9:30 Fitness (CR)
 10:30 Spiritual Hymns & Songs (CR) 
 11:00 St. Francis Church Service (CR)
 2:00 Sunday Matinee (CR/53) 
 4:00 Classical Music (53)
 7:00 Oscar Night on ABC 

3 **Take Your Vitamins Day**
 Morning Greetings (RR)
 9:30 Virtual Pet Visits (53)
 9:30 Stretch & Tone (CR)
 10:30 Nail Manicures (CR) 
 2:30 Tap & Clap with Jeff (CR)
 2:30 Vitamin Fusion Fruit Punch (CR)
 4:00 Space Traveling (53)
 5:00 Dinner Theater (24) 

4 **MARDI GRAS**
 Morning Greetings (RR)
 9:00 Spring Zen (53)
 9:30 AM Workout (CR)
 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 
 2:00 Mardi Gras Fat Tuesday 
 3:00 Happy Hour (CR)
 6:00 "Bottom's Up" Noah's Game Night (CR)
 Noche de Musica Española (53)

5 **Ash Wednesday**
 Morning Greetings (RR)
 9:30 Positive Thinking & Yogacize! (CR)
 10:00 Classic Cartoons (53)
 10:30 Painting Class & Free Style Art (CR)
 10:30 VIP Visits (RR)
 2:00 Nail Manicures (CR) 
 & Cup of Conversation (CR)
 5:00 MOVIE NIGHT (53)
 6:00 These Are A Few of Our Favorite Things! (CR)

6 **National Frozen Food Day**
 Morning Greetings (RR)
 9:30 Friendly Fitness (CR) 
 9:30 Country Music (53)
 10:30 Men Make Dinner (CR)
 2:00 Spring ~ Fling Bingo (CR/53)
 3:00 Snack & Chat (CR)
 5:00 Rosary Resonate (53)
 6:00 "High Rollers" Dice Games (CR)

7 **Lucky 7 Day**
 Morning Greetings (RR)
 9:30 Up & At'Em! Gym (CR)
 10:00 Virtual Pet Visits (53)
 10:00 Use your Marbles! "Seven" Trivia (CR)
 11:00 First Congregational Service (CR) 
 2:00 POKE-NO (CR) 
 & Mix & Mingle Social (CR)
 4:00 Armchair Travels (53)
 Shabbat Shalom

8 **International Women's Day**
 Morning Greetings (RR)
 10:30 Classic Gameshows (53)
 9:30 Weekend Workout (CR)

 10:30 Fun & Games with Youth Group from ST. Columba Church (CR)
 2:00 BINGO (53/CR)
 3:00 Laugh & Lounge Comedy Hour (CR)
 4:00 NATIONAL GEOGRAPHIC (53) 

9 **Daylight Saving Time Begins** 
 Morning Greetings (RR)
 9:30 Sunday Jazz (53)
 9:30 Fitness (CR)
 10:30 Spiritual Hymns & Songs (CR) 
 11:00 Chapel Service with St. Francis Church (CR) 
 2:00 Sunday Matinee (CR/53) 
 4:00 Classical Music (53)

10 **Clover All Over Day**
 Morning Greetings (RR)
 9:30 Virtual Pet Visits (53)
 9:30 Stretch & Tone (CR)
 10:30 Nail Manicures (CR) 
 2:30 Music played with true Panache by Clyde Wheatley (CR) 
 2:30 Hello Jello Jamboree (CR) 
 4:00 Space Traveling (53)
 5:00 Dinner Theater (24) 

11 **Egyptian Pharaohs Day**
 Morning Greetings (RR)
 9:00 Spring Zen (53)
 9:30 AM Workout (CR)
 10:30 Catholic Mass with Fr. Miguel Pagan & Rosary Service, Prayer with St. Mary's Church (CR) 
 2:00 BINGO (CR/53) 
 3:00 Happy Hour (CR)
 6:00 Noah's Game Night (CR)
 Noche de Musica Española (53)

12 **Bermuda Day ~ 1609**
 Morning Greetings (RR)
 9:30 Positive Thinking & Yogacize! (CR)
 10:00 Classic Cartoons (53)
 10:30 Painting Class & Free Style Art (CR)
 10:30 Manicures (CR)
 2:30 Please Welcome: The Greendale Men's Chorus (CR) 
 3 Cup of Conversation (CR)
 5:00 MOVIE NIGHT (53)
 6:00 "Itsy-bitsy" Bingo (CR)

13 **Donald Duck ~ 1934**
 Morning Greetings (RR)
 9:30 Friendly Fitness (CR)
 10:00 Country Music (53)
 10:00 "Lucky Duck" Ring Toss (CR) 
 11:00 Chapel Service with St. Francis Church (CR) 
 2:00 Spring ~ Fling Bingo (CR/53) 
 3:00 Snack & Chat (CR)
 5:00 Rosary Resonate (53)
 6:00 "Mini" Matinee (CR)

 Begins at Sundown

14 **Happy "Pi" Day**
 Morning Greetings (RR)
 9:30 Up & At'Em! Gym (CR)
 10:00 Virtual Pet Visits (53)
 10:30 "Rolling Pin" Pie Prep for Staff Treat (CR) 
 2:00 POKE-NO (CR) 
 & Mix & Mingle Social (CR)
 4:00 Armchair Travels (53)
 Shabbat Shalom

15 **Happy Birthday, Maine ~ 1820**
 Morning Greetings (RR)
 10:30 Gameshows (53)
 9:30 Weekend Workout (CR)
 10:30 Weekend Games (CR)
 2:00 BINO (53/CR)
 3:00 Open Juice Bar! (CR) 
 4:00 NATIONAL GEOGRAPHIC (53) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16 Give Someone a Flower Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Songs (CR)  11:00 St. Francis Church Service (CR) 2:30 St. Patrick's Day Party welcome the Bean Brothers (CR)  4:00 Classical Music (53)</p>	<p>17 HAPPY ST. PATRICK'S DAY</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail Manicures (CR)  2:30 SHAKE YOUR SHAMROCK  Welcome Alexandria & Cheers! (CR)  4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>18 March Madness Tournament Begins</p> <p>Morning Greetings (RR) 9:00 Spring Zen (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR)  2:00 BINGO (CR/53)  3:00 Happy Hour (CR) 6:00 Noah's Game Night (CR)  Noche de Musica Española (53)</p>	<p>19 Swallows Return Day</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Yogacize! (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art (CR) 10:30 VIP Visits (RR) 1:30 Dining Committee (CR) 2:00 Nail Manicures (CR)  & Cup of Conversation (CR) 5:00 MOVIE NIGHT (53) 6:00 These Are A Few of Our Favorite Things! (CR)</p>	<p>20 SPRING </p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Grass Heads Spring Garden (CR)  2:00 Spring ~ Fling Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 "High Rollers" Dice Games (CR)</p>	<p>21 Fragrance Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "CHANEL" Categories Word Games (CR)  2:00 PO-KE-NO (CR)  & Mix & Mingle Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>22 As Young As You Feel Day</p> <p>Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 happy WEEKEND! Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (CR) 4:00 NATIONAL GEOGRAPHIC (53) </p>
<p>23 Chip & Dip Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Songs (CR)  11:00 Chapel Service with St. Francis Church (CR)  2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>24 Celebrate Anything Day</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail Manicures (CR)  2:30 Happy Monday with The Sterling Strummers  & Strawberry Delights (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>25 National Medal of Honor Day</p> <p>Morning Greetings (RR) 9:00 Spring Zen (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR)  2:00 BINGO (CR/53)  3:00 Happy Hour (CR) 6:00 Noah's Game Night (CR) Noche de Musica Española (53)</p>	<p>26 Kuhio Day Hawaiian Holiday </p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Yogacize! (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art (CR) 10:30 VIP Visits (RR) 1:30 Resident Council (CR) 2:30 Maui Manicures & Café Aloha (CR)  5:00 MOVIE NIGHT (53) 6:00 "Itsy-bitsy" Bingo (CR)</p>	<p>27 Baseball's Official Opening Day</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Batter up! Ballgames (CR)  2:00 Home Run Bingo (CR/53)  3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 "Mini" Matinee (CR)</p>	<p>28 "Big Bang" Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 ROCK & ROLL Name that Tune! (CR)  2:00 PO-KE-NO (CR)  & Mix & Mingle Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>29 Coca-Cola Day ~ 1886</p> <p>Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Weekend Games (CR) 2:00 BINO (53/CR) 3:00 Open Juice Bar! (CR)  4:00 NATIONAL GEOGRAPHIC (53) </p>
<p>30 Doctors' Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Songs (CR)  11:00 Chapel Service with St. Francis Church (CR)  2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>31 Eiffel Tower's Birthday</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail Manicures (CR)  2:30 Birthday Party with Gary (CR)  2:30 Make a Wish! Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p> HAPPY St. Patrick's DAY!  March 17th</p>	<p>SPECIAL DAYS</p> <p>Mardi Gras March 4 Ash Wednesday March 5 Daylight Saving Begins March 9 Purim Begins March 13 St. Patrick's Day March 17 First Day of Spring March 20 Doctors' Day March 30</p>	<p>Broadcasting Live!! Special Activity Programs</p> <p> Orion TV Network Channel 53 Please Tune In! </p>	<p>MARCH 2025 Please observe or Join our activity programs. All activities subject to change with or without notice to better meet the needs and safety of the residents.</p>	<p>Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits </p>