HOLDEN REHABILITATION & SKILLED NURSING CENTER

APRIL 2025

Please observe or

Join our activity

programs

All activities subject

to change with or

without notice to better

meet the needs and

safety of the residents.

(CR) Community Room (CS) Coffee Shop (W) Wachusett (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Sunday **Sensory Connection: VIP Visits & OTN-53** not limited to: Aroma

1:1 Activities include but Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as **Resident Room Visits**

9:30 Silver Sneakers

10:00 Spiritual Hymns & Songs (CR)

Church Service (CR)

2:00 Sunday

4:00 Classical Music (53)

International **Beaver Day**

Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR)



2:00 Busy Beaver (CR)

2:00 Vitamin Fusion Fruit Punch (CR)

4:00 Space Traveling (53) 5:00 Dinner WTheater (24)

Hallmark

Monday Tuesday

April Fools' Day

Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Catholic Mass with Fr. Miguel Pagan & Rosary Service (CR)

2:00 Tricky Bingo (CR/53) 3:00 Cup of Conversation (CR)

3:30 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR)

World Autism Awareness Day

Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class &

Posh

2:00 PO-KE-NO

& Happy Hour (CR) 5:00 MOVTE NTGHT (53)

3 Chocolate Mousse Day **Morning Greetings (RR)**

9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Writing Easter & Passover Greeting Cards (CR)

Thursday

2:00 Spring ~ Fling Bingo (CR/53)

3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's **Game Night (CR)**

Friday

A Day "Four" **Having Fun**

Morning Greetings (RR) 9:00 Virtual Pet Visits (53)

9:30 Up & At'Em! Gym (CR) 10 "FOUR" Categories (CR)

11:00 First Congregational Church Service (CR)

2:30 Let the good times roll Party with Alexandria (CR) 3:30 Mix & Mingle Social (CR)

4:00 Armchair Travels (53) **Shabbat Shalom**

Saturday

Dandelion Day

Morning Greetings (RR) 9:00 Gameshows (53)

9:30 Exercise (CR)

10:30



Games (CR) 2:00 BINGO (53/CR)

3:00 Laugh & Lounge Comedy Hour (OD/LD)

4:00 NATIONAL (53) **GEOGRAPHIC**

National Library Week Begins

Morning Greetings (RR) 9:00 Sunday Jazz (53)

Fitness (CR)

11:00 St. Francis

8 Pick Up a Penny Day

Morning Greetings (RR)

9:00 Tuesday Tunes (53) 9:30 AM Workout (CR)

10:30 Rosary & Prayer Service ~ St. Mary's St. Church (CR)



3 Cup of Conversation (CR) 3:30 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's

Game Night (CR)

Day of Pink

Morning Greetings (RR)

9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:00 Free Style Art &



Bunny Bags Craft & Happy Hour (CR) 5:00 MOYTE NTGHT (53)

10 Community Spirit Day

Morning Greetings (RR) 9:00 Country Music (53)

9:30 Friendly Fitness (CR)

10:00 Shopping Spree (CR)



2:00 Spring ~ Fling Bingo (CR/53)

3:00 Snack & Chat () 5:00 Rosary Resonate (53) 6:00 Maddie's **Game Night (CR)**

National Pet Day

Morning Greetings (RR)

9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym(CR)

10 "Pets Are Family Too" Word Mining (CR)



2:00 PO-KE-NO (CR)

3:30 Mix & Mingle Social (OD/LD)

4:00 Armchair Travels (53) **Shabbat Shalom**

12 Pink Moon Day **Morning Greetings (RR)** 9:00 Gameshows (53)

9:30 Exercise (CR)



10:30 Fun & Games with **Youth Group from** ST. Columba Church (CR)

2:00 BINO (53/CR)

3:00 Open Juice Bar! (CR) 4:00



Begins at Sundown

