

HOLDEN REHABILITATION & SKILLED NURSING CENTER



May 2025

“Circle of Life” ~ Oriol Tapestry

It's our connections, resilience & strength that unite us all.

(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (L) Library (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Special Days May Day ~ May 1 Cinco de Mayo ~ May 5 Mother's Day ~ May 11 Armed Forces ~ May 17 Memorial Day ~ May 26</p> <p>Oriol TV Network Channel 53 Please Tune In!</p> 	<p>Sensory Connection: VIP Visits & OTN-53</p> <p>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>May 2025</p> <p><i>Please observe or Join our activity programs. All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p>“Circle of Life”</p>  <p><i>like a colorful tapestry, highlights the meaningful stories that make up each person's journey</i> May 11–17, 2025</p>	<p>1 ·HAPPY· May Day</p> <p>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 May Day Crown Arts & Crafts (CR)</p>  <p>2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR)</p>	<p>2 Landmarks Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 Famous Landmarks Hangman (CR)  11:00 First Congregational Church Service (CR)  2:00 Where Am I? Fairytale Memories & Banquet (CR)  4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>3 Kentucky Derby Day</p> <p>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR)  2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (OD/LD) 4:00  NATIONAL GEOGRAPHIC (53)</p>
<p>4 “May the 4th Be with You” Day</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR)  2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>5 Cinco de Mayo</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Nail Studio (CR)  2:00 Celebrate the Cinco de Mayo  Fiesta, Games & Nachos (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>6 Russell Stover Candy Day ~ 1888</p> <p>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Catholic Mass with Fr. Miguel Pagan & Rosary Service (CR)  2:00 Bingo CR/53 3 Cup of Conversation (CR) 3:30 VIP Visits (RR)  4:00 Spanish Eve (53)  6:00 Noah's Game Night (CR)</p>	<p>7 Milky Way Day</p> <p>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & Nail Studio (CR)  1:30 Dining Committee (CR) 2:00 The Sky is the Limit! Bowling & Happy Hour (CR)  5:00 MOVIE NIGHT (53)</p>	<p>8 V-E Day</p> <p>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10 “Sentimental Journey” Word Mining (CR)  11:00 St. Francis Lutheran Church Communion Service (OD)  2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR)</p>	<p>9 Hello, Dolly! Day ~ 1964</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 PO-KE-NO (CR)  2:00 Hello, Dolly! Tea Party (CR)  4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>10 Windmill Day</p> <p>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR)  2:00 BINGO (53/CR) 3:00 Open Juice Bar! (CR)  4:00  NATIONAL GEOGRAPHIC (53)</p>

Sunday	Mufasa  Monday	Tembo  Tuesday	Savuti Wednesday	Serengeti Thursday	Furaha  Friday	Saturday
<p>11  Happy Mother's Day!</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR)  2 Mother's Day Social & Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>12 </p> <p>Morning Greetings (RR) 9:00 Virtual Wildlife (53) 9:30 Jungle Gym (CR)</p> <p>HAKUNA </p> <p>10:00 MATATA SPA (CR) 2:30 Mazuri Music with Clyde Wheatley & Chakula Hutch (CR)  5:00 Rafiki's Theater (53)</p>	<p>13 </p> <p>Morning Greetings 9:00 Simba's Tunes (53) 9:30 Jungle Gym (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Kanisa (CR)  1:00 Alpaca Savanna (RR/CR)  2:30 Ma Tembo Bingo (CR/53) 3:30 Java Junction (CR) 3:30 VIP Visits (RR)  4:00 Serengeti Eve (53) 6:00 Game Night (CR)</p>	<p>14 </p> <p>Morning Greetings 9 The Pink Panther (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Art Oasis Fragrances & Aromas of our Life (CR)  2:30 Jungle Gala with Heather & Mud Slides Jugs (CR)  5:00 MOVIE NIGHT (53)</p>	<p>15 </p> <p>Morning Greetings 9:00 Simba's Tunes (53) 9:30 Jungle Gym (CR) 10:30 Early Bird ~ Zazu Bingo (CR/53)  2:00 Broadway Show ~ Songs & Music (CR)  3:30 Gems of our Life Beading (CR)  5 Rosary Resonate (53) 6:00 Maddie's Circle (CR)</p>	<p>16 </p> <p>Morning Greetings (RR) 9:00 Virtual Wildlife (53) 9:30 Jungle Gym (CR) 10 Pumbaa's (CR)  PO-KE-NO  2:30 Alexandria Rocks the "Pride Rock" (CR)  3:00 Monkey Bread Shack (CR) 4 Armchair Travels (53) Shabbat Shalom</p>	<p>17 Armed Forces Day</p> <p>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend  Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (OD/LD) 4:00  NATIONAL GEOGRAPHIC (53)</p>
<p>18 Happy Birthday Perry Como ~ 1912</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR)  2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>19 Backyard Games Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 CARNIVAL Games (CR)  2:00 Nail Studio (CR)  2:00 Vitamin Fusion Fruit Punch (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>20 Happy Birthday, Blue Jeans ~ 1872</p> <p>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR)  2:00 Bingo CR/53 3 Cup of Conversation (CR) 3:30 VIP Visits (RR)  4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR)</p>	<p>21 Red Cross ~ 1881</p> <p>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & Nail Studio (CR)  1:30 Resident Council (CR) 2:00 Welcome Shannon on the RED Carpet!! & Happy Hour (CR)  5:00 MOVIE NIGHT (53)</p>	<p>22 Senior PGA Championship</p> <p>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Holden Golf Tournament (CR)  2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR)</p>	<p>23 Bermuda Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 BERMUDA Categories (CR)  2:00 PO-KE-NO (CR)  3:00 Mix & Mingle Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>24 Brother's Day</p> <p>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend  Games (CR) 2:00 BINGO (53/CR) 3:00 Open Juice Bar!  (CR) 4:00  NATIONAL GEOGRAPHIC (53)</p>
<p>25 Indianapolis 500-Mile Race</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR)  2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>26 HAPPY MEMORIAL DAY </p> <p>Morning Greetings (RR) 10:00 "Salute with Colors" & Manicures (CR)  2:30 Celebrating With Gary Landgren & Cherry Pie Social (CR)  5:00 Dinner Theater (24) </p>	<p>27 Golden Gate Bridge Day ~ 1937</p> <p>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (OD) 10:30 Rosary & Prayer Service ~ St. Mary's Church (OD)  2:00 Bingo (OD/53) 3 Cup of Conversation (OD)  3:30 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR)</p>	<p>28 Senior Health and Fitness Day</p> <p>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & Nail Studio (CR)  2:00 Memorial Service (CR)  3:00 Café Memoirs (CR) 5:00 MOVIE NIGHT (53)</p>	<p>29 Toaster Day ~ 1919</p> <p>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Coffee & French Toast Buffet (CR)  2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR)</p>	<p>30 My Bucket's Got a Hole in It! Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 A Bucket-full of fun! ~ Ball Games (CR)  2:30 Name That Tune! (CR) 3:00 Mix & Mingle Social (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>31 Happy 95th Birthday, Clint Eastwood ~ 1930</p> <p>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend  Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (OD/LD) 4:00  NATIONAL GEOGRAPHIC (53)</p>