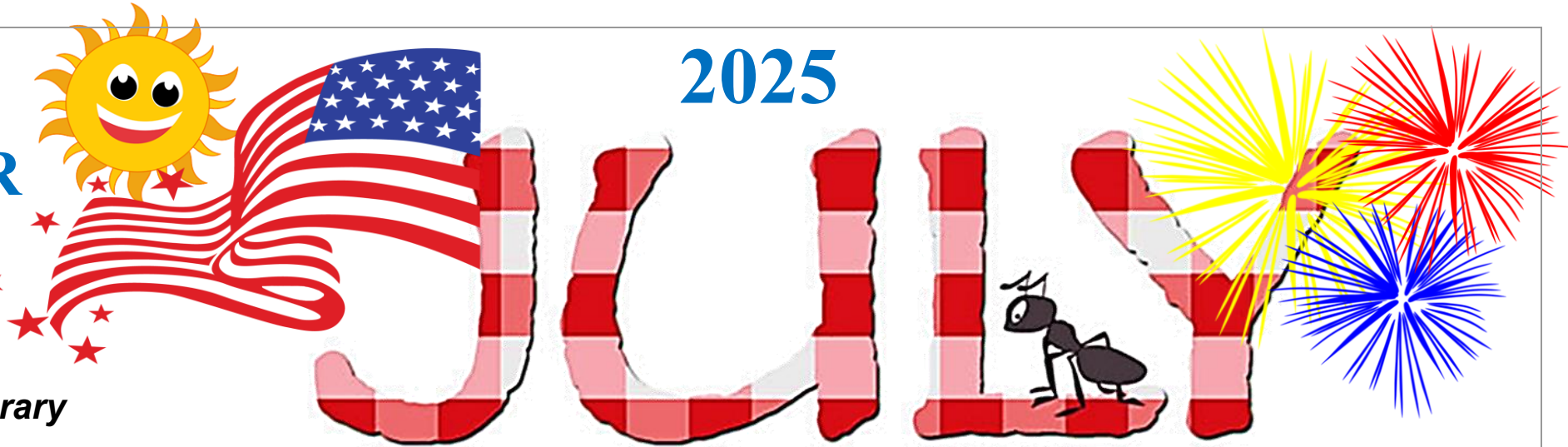














HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett
(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits	Special Days Canada Day July 1 Halfway Point of 2025 July 2 Independence Day (U.S.) July 4 World Chocolate Day July 7 Cousins Day July 24 International Tiger Day July 29	1 CANADA DAY Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Catholic Mass with Fr. Miguel Pagan & Rosary Service (CR/53) 2:00 VIP Visits (RR) 2:00 MAPLE Bingo! CR/53 3:00 Cup of Conversation (CR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR)	2 Pool Noodle Day Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & Free Style Art (CR) 2:00 Noodles, Balloons & Happy Hour (CR) 5:00 MOVIE NIGHT (53)	3 Strawberries Day Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Berry-Beautiful (CR)  2:00 VIP Visits (RR) 2:00 Lucky Bingo Field (CR/53)  3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)	4 FOURTH of JULY CELEBRATION Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:30 Happy Yankee Doodle Tunes with Gary Landgren (CR) 2:00 Independence Day (CR)  3:30 Mix & Mingle (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom	5 The Birthday of the Bikini ~ 1946 Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30  Games (CR) 2:00 BINGO (53/CR) 3:00 Summertime Ice Cream Time! (CR) 4:00  NATIONAL GEOGRAPHIC (53)
6 Happy Birthday, Dalai Lama ~ 1935 Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Lemonade & Matinee (CR/53) 4:00 Classical Music (53)	7 Lucky 7 Day Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00  (CR) 2:00 The Magnificent Seven Dice Games (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 	8 Liberty Bell Day ~ 1776 Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) 2:00 Ding- Dong Bingo (CR/53) 3 Cup of Conversation (CR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR)	9 "Life Is Like a Box of Chocolates" Day Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & (CR) 2:00  "Box of Chocolates" Word Mining & Happy Hour (CR) 5:00 MOVIE NIGHT (53)	10 Scottish Open Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Scottish Open Golf Tournament (C) 11:00 St. Francis Church Communion Service (OD) 2:00 VIP Visits (RR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)	11  Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:30 Lucky Game Marathon (CR) 2 Vegas Vibe * Gaming Hall  3:30 The Starlight Lounge Champagnes (CR) 4:00 Armchair Travels (53) Shabbat Shalom	12 Summer Song Days Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30  Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (OD/LD) 4:00  NATIONAL GEOGRAPHIC (53)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>13 Embrace Your “Geekness” Day</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Lemonade & Matinee (CR/53) 4:00 Classical Music (53)</div>	<div>14 Bastille Day ~ 1789</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Nail Studio (CR) 2:30 Paris in Style with true panache by Clyde Wheatley (CR) 3:00 Cafe Bon Appétit (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</div>	<div>15 MLB All-Star Game</div> <div>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary’s Church (CR) 2:00 VIP Visits (RR) 2:00 Home Run Bingo (CR/53) 4:00 Spanish Eve (53) 6:00 Courtyard Family Fun Night with P.E. James Performer (C)</div>	<div>16 Hula-Hoop Day</div> <div>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & Nail Studio (CR) 2:00 Hula-Hoop, Wet T-Shirt Contest & Happy Hour (CR) 5:00 MOVIE NIGHT (53)</div>	<div>17 High Society Day</div> <div>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 “GRACE” (Kelly) Categories (CR) 2:00 VIP Visits (RR) 2:00 Bing Crosby Bingo (CR/53) 3:00 "The Regency Rose," Tea Party (CR) 5:00 Rosary Resonate (53)</div>	<div>18 Remembering the <i>Titanic</i> Day</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At’Em! Gym (CR) 10:30 Unsinkable Origami Ships Arts & Crafts (CR) 2:00 PO-KE-NO (CR) 3:30 Mix & Mingle (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom</div>	<div>19 Breyers Ice Cream Day</div> <div>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR) 2:00 BINGO (53/CR) 3:00 Summertime Ice Cream Time! (CR) 3:30 7th Day Adventist Church Service (R) 4:00 NATIONAL GEOGRAPHIC (53)</div>
<div>20 Bible Circle Sunday</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Lemonade & Matinee (CR/53) 4:00 Classical Music (53)</div>	<div>21 The Old Man & the Sea</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Beach Ball Gym (CR) 10:00 “JAWSOME” (CR) 2:00 Nail Studio (CR) “Shipwrecked” Musical Chair (CR) 2:30 Sushi Bar (CR) 4:00 Ocean Life (53) 5:00 Dinner Theater (24)</div>	<div>22 “Fin-tastic” -Tuesday</div> <div>Morning Greetings (RR) 9:00 Ocean Tunes (53) 9:30 Beach Ball Gym (CR) 10:30 Rosary & Prayer Service ~ St. Mary’s Church (CR) 2:00 VIP Visits (RR) 2:00 “Big Bite” Bingo (CR/53) 3:00 “Jabberjaw” Social (CR) 4:00 Spanish Eve (53) 6:00 Noah’s Game Night (CR)</div>	<div>23 Ocean Commotion Day</div> <div>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Beach Ball Gym (CR) 10:30 Painting Class & Nail Studio (CR) 2:00 Throne of Sharks Sandcastles Craft (CR) 3:00 Blue Lagoon Bar (CR) 5:00 MOVIE NIGHT (53)</div>	<div>24 Shark-A-Thon Day</div> <div>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Beach Ball Gym (CR) 10:00 Dare to Feed the Sharks!! Challenge (CR) 2:00 VIP Visits (RR) 2:00 SHARK TANK Bingo (CR/53) 3:00 Yummy Chum Café (CR) 5:00 Rosary Resonate (53)</div>	<div>25 “Shark-owski” Friday</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Beach Ball Gym (CR) 10:30 Card PO-KE-NO Shark (CR) 2:00 Jaws of Jewels Arts & Crafts (CR) 3:00 Shark Fudge Sundaes (CR) 3:30 Mix & Mingle (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom</div>	<div>26 Day of the Cowboy</div> <div>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh & Lounge Comedy Hour (OD/LD) 4:00 NATIONAL GEOGRAPHIC (53)</div>
<div>27 Take Your Houseplant for a Walk Day</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Lemonade & Matinee (CR/53) 4:00 Classical Music (53)</div>	<div>28 Happy Birthday, Miami ~ 1896</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Nail Studio (CR) 2:30 Happy Birthday Bash with Jeff Thomas (CR) 3:00 Make a Wish Café! 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</div>	<div>29 NASA Day ~ 1958</div> <div>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary’s Church (CR) 2:00 VIP Visits (RR) 2:00 The Sky is he Limit! Bingo (CR/53) 3 Cup of Conversation (CR) 4:00 Spanish Eve (53) 6:00 Noah’s Game Night (CR)</div>	<div>30 Christmas in July</div> <div>Morning Greetings (RR) 9:30 Mrs. Claus’s Gym (CR) 10:30 Painting Class Nail Studio (CR) 1:30 Merry Christmas! Ukulele Party & Happy Hour! 5:00 MOVIE NIGHT (53)</div>	<div>31 Mount Fuji Day</div> <div>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Volcanos Lab & Word Game (CR) 2:00 VIP Visits (RR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)</div>	<div>July 2025</div> <div>Please observe or Join our activity programs. All activities subject to change with or without notice to better meet the needs and safety of the residents.</div> <div>Broadcasting Live!! Special Activity Programs</div> <div>LIVE STREAMING</div> <div>Orion TV Network Channel 53 Please Tune In!</div>	