

# HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett

(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Fishing &amp; Boating Week</b> Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b> <b>2:00 Sunday Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b> <b>Happy SHAVUOT Begins at Sundown</b>	<b>2 Thank God It's Monday!</b> Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) <b>10:30 Absolute Beauty Spa with Mary Kay (CR)</b> <b>2:00 Nail Salon &amp; Café T.G.I.M. (CR)</b> <b>4:00 Space Traveling (53)</b> <b>5:00 Dinner Theater (24)</b>	<b>3 World Bicycle Day</b> Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Catholic Mass with Fr. Miguel Pagan &amp; Rosary Service (CR/53)</b> 2:00 Pedal your own Bingo! CR/53 <b>3 Cup of Conversation (CR)</b> <b>3:30 VIP Visits (RR)</b> <b>4:00 Spanish Eve (53)</b> <b>6:00 Noah's Game Night (CR)</b>	<b>4 "Up, Up and Away" Day</b> Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & <b>Nail Salon (CR)</b> <b>2:00 Balloon Volleyball &amp; Happy Hour (CR)</b> <b>5:00 MOVIE NIGHT (53)</b>	<b>5 World Environment Day</b> Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) 10:00 <b>EARTH DAY</b> World Environment Day Word Mining (CR) <b>10:30 VIP Visits (RR)</b> 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) <b>5:00 Rosary Resonate (53)</b> <b>6:00 Maddie's Circle (CR)</b>	<b>6 Doughnut Day</b> Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10:30 SOCIAL (CR)</b> <b>11:00 First Congregational Church Service (CR)</b> 2:00 PO-KE-NO (CR) 3:30 Mix & Mingle (OD/LD) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	<b>7 Chocolate Ice Cream Day</b> Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30 <b>Weekend Games (CR)</b> 2:00 BINGO (53/CR) 3:00 <b>Chocolate Ice Cream Bar! (CR)</b> <b>3:30 7th Day Adventist Church Service (R)</b> <b>4:00 NATIONAL GEOGRAPHIC (53)</b>
<b>8 Upsy-Daisy Day</b> Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b> <b>2:00 Sunday Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b>	<b>9 Donald Duck's Birthday ~ 1934</b> Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) 10:00 <b>Nail Salon (CR)</b> <b>2:30 Lucky Ducks Birthday Bash with P.E. &amp; Make a Wish Coffee &amp; Cake (CR)</b> <b>4:00 Space Traveling (53)</b> <b>5:00 Dinner Theater (24)</b>	<b>10 Happy Birthday Judy Garland ~ 1922</b> Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR)</b> 2:00 The Yellow Brick Road Bingo (CR/53) <b>3 Cup of Conversation (CR)</b> <b>3:30 VIP Visits (RR)</b> <b>4:00 Spanish Eve (53)</b> <b>6:00 Noah's Game Night (CR)</b>	<b>11 Wonders' Wednesday</b> Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) 10:30 Painting Class & <b>Nail Salon (CR)</b> <b>11:00 Selfies with Hello Kitty Residents/Staff</b> 2:00 Princess Spectacular & Happy Hour (CR) <b>5:00 MOVIE NIGHT (53)</b>	<b>12 World Red Rose Day</b> Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) 10:00 ROSE Categories Word Game (CR) <b>11:00 St. Francis Church Communion Service (OD)</b> 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) <b>5:00 Rosary Resonate (53)</b> <b>6:00 Maddie's Circle (CR)</b>	<b>13 "You Have the Right to Remain Silent" Day</b> Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10:30 "You Have the Right to Remain Silent" or name that tune (CR)</b> 2:00 PO-KE-NO (CR) 3:30 Mix & Mingle Social (OD/LD) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	<b>14 Flag Day</b> Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30 <b>Weekend Games (CR)</b> 2:00 High Flying <b>BINGO! (53/CR)</b> 3:00 Laugh & Lounge Comedy Hour (OD/LD) <b>4:00 NATIONAL GEOGRAPHIC (53)</b>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>15</div> <div>Father's Day</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns &amp; Songs (CR) 11:00 St. Francis Church Service (CR)  2:00 Matinee (CR/53) 4:00 Classical Music (53)</div>	<div>16</div> <div>National Fudge Day</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch &amp; Tone (CR) 10:00 Baking Fudge Brownies Culinary Arts (CR) 2:00 Nail Salon &amp; Oh, fudge! Bistro (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </div>	<div>17</div> <div>Nursing Assistants Day</div> <div>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR) 2:00 On Call Bingo (CR/53) 3 Cup of Conversation (CR) 3:30 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR) </div>	<div>18</div> <div>Rock Debut Anniversary ~ 1967</div> <div>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking &amp; Yogacize! (CR) 10:30 Painting Class &amp; Nail Salon (CR) 1:30 Dining Committee (CR) 2 Rock &amp; Roll Dice Games ROLL THE DICE  Rock 'n' Roll &amp; Happy Hour (CR) 5:00 MOVIE NIGHT (53)</div>	<div>19</div> <div>Juneteenth Day</div> <div>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Progress Makers Crossword (CR) 10:30 VIP Visits (RR) 2:00 Juneteenth Freedom Day Bingo (CR/53) 3:00 Snack &amp; Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR) </div>	<div>20</div> <div>Spring into Summer</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up &amp; At'Em! Gym (CR) 10:30 PO-KE-NO (CR) 2:00 Summer Solstice Celebration with Elvis (CR) 3:30 Mix &amp; Mingle Social (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom </div>	<div>21</div> <div>World Music Day</div> <div>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR) 2:00 BINGO (53/CR) 3:00 Summertime Ice Cream Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53) </div>
<div>22</div> <div>Blue Butterfly Day</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns &amp; Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) </div>	<div>23</div> <div>National Pink Day</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch &amp; Tone (CR) 10:00 Nail Salon (CR) 2:30 Gary Landgren "The Honky Tonk Piano Man" &amp; Strawberry Smoothies (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </div>	<div>24</div> <div>"Parfums de Rosine" Day ~ 1911</div> <div>Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR) 2:00 "eau de" Bingo (CR/53) 3 Cup of Conversation (CR) 3:30 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 Noah's Game Night (CR) </div>	<div>25</div> <div>Global Smurfs Day</div> <div>Morning Greetings (RR) 9:00 Classic Cartoons (53) 9:30 Positive Thinking &amp; Yogacize! (CR) 10:30 Painting Class &amp; Nail Salon (CR) 2:00 Smurf Smiles &amp; Happy Hour (CR) 5:00 MOVIE NIGHT (53) </div>	<div>26</div> <div>Boardwalk Day</div> <div>Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 "Under the Boardwalk" Word Mining (CR) 10:30 VIP Visits (RR) 2:00 Bingo (CR/53) 3:00 Snack &amp; Chat (CR) 5:00 Rosary Resonate (53) 6:00 Maddie's Circle (CR) </div>	<div>27</div> <div>Sunglasses Day</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up &amp; At'Em! Gym (CR) 10:30 Glitzy Glasses Craft (CR) 2:00 PO-KE-NO (CR) 3:30 Mix &amp; Mingle Social (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom </div>	<div>28</div> <div>Backyard Campout Day</div> <div>Morning Greetings (RR) 9:00 Gameshows (53) 9:30 Exercise (CR) 10:30 Weekend Games (CR) 2:00 BINGO (53/CR) 3:00 Laugh &amp; Lounge Comedy Hour (OD/LD) 4:00 NATIONAL GEOGRAPHIC (53) </div>
<div>29</div> <div>Tropical Getaway Day</div> <div>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns &amp; Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) </div>	<div>30</div> <div>Outfit of the Day</div> <div>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch &amp; Tone (CR) 10:00 Summer Fashion Show (CR) 1:30 Resident Council (CR) 2:00 Nail Salon &amp; Diva Diner (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </div>	<div>Special Days</div> <div>Doughnut Day June 6</div> <div>National CNA Week June 12 – 18</div> <div>Flag Day June 14</div> <div>Father's Day June 15</div> <div>Juneteenth June 19</div>	<div>June 2025</div> <div>Please observe or Join our activity programs. All activities subject to change with or without notice to better meet the needs and safety of the residents.</div>	<div>Broadcasting Live!! Special Activity Programs</div> <div>LIVE STREAMING</div> <div>Oriol TV Network Channel 53 Please Tune In!</div> <div>53</div>	<div>Sensory Connection: VIP Visits &amp; OTN-53</div> <div>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games &amp; Sensory Items, Daily Devotional as Resident Room Visits</div>	<div>hello, Summer</div> 