












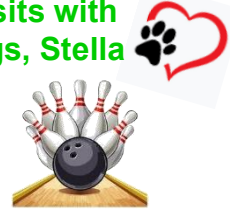






# **HOLDEN REHABILITATION & SKILLED NURSING CENTER**

(CR) Community Room (CS) Coffee Shop (W) Wachusett  
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms  
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



# 2025 August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sensory Connection:</b> <b>VIP Visits &amp; OTN-53</b> 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as <b>Resident Room Visits</b>	<b>AUGUST 2025</b>  <i>Please observe or Join our activity programs</i> <i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i>	<b>SPECIAL DAYS</b>  Sandcastle Day August 2 Sisters' Day August 3 Purple Heart Day August 7 Left-Handers Day August 13 Tell a Joke Day August 16 Women's Equality Day August 26		Broadcasting Live!! Special Activity Programs  Oriol TV Network Channel 53 Please Tune In! 	1 International Beer Day  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10:00 "The Beer Barrel Polka" Word Mining (CR)</b> <b>2:00 We'll have a barrel of fun (CR)</b> 3:30 Root Beer Floats (CR) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b> 	2 Ice Cream Sandwich Day  Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30  Games (CR) <b>2:00 BINGO (53/CR)</b> <b>3:00 Summertime Ice Cream Time! (CR)</b> <b>4:00</b>  <b>NATIONAL GEOGRAPHIC (53)</b> 
3 Sisters' Day  Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b>  <b>2:00 Sunday Lemonade &amp; Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b>	4 "Well, Hello Dolly" Day  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) <b>10:00</b>  <b>(CR)</b>  <b>2:00 Ladies First Dice Games (CR)</b> <b>3:30 Mix &amp; Mingle (OD/LD)</b> <b>4:00 Space Traveling (53)</b> <b>5:00 Dinner Theater (24)</b> 	5 Klondike Gold Rush Day  Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR)</b> <b>2:00 VIP Visits (RR)</b> <b>2:00 Goldmine Bingo (CR/53)</b> <b>3:00 Cup of Conversation (CR)</b> <b>4:00 Spanish Eve (53)</b> <b>6:00 Noah's Game Night (CR)</b> 	6 American Artists' Day  Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) <b>10:30 Painting Class &amp; Manicures (CR)</b> <b>2:00 The Art of Face Painting (CR)</b> <b>3:00 Happy Hour (CR)</b> <b>5:00 MOVIE NIGHT (53)</b> 	7 Purple Heart Anniversary  Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) <b>10:00 VIP Visits with Therapy Dogs, Stella</b> <b>10:30 Bowling Ally of the Brave (CR)</b> <b>2:00 VIP Visits (RR)</b> <b>2:00 Bingo (CR/53)</b> <b>3:00 Snack &amp; Chat (CR)</b> <b>5:00 Rosary Resonate (53)</b> 	8 The Date to Create  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10:30</b>  <b>Card Games (CR)</b> <b>2:00 "Sip &amp; Color"</b>  <b>Courtyard Tie-Die Party (C)</b> <b>3:30 Mix &amp; Mingle (OD/LD)</b> <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	9 Full Sturgeon Moon  Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30  Games (CR) <b>2:00 BINGO (53/CR)</b> <b>3:00 Laugh &amp; Lounge Comedy Hour (OD/LD)</b> <b>4:00</b>  <b>NATIONAL GEOGRAPHIC (53)</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10 World Lion Day</b>  Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b>  <b>2:00 Sunday Lemonade &amp; Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b>	<b>11 Melon Monday</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) <b>10:00 Nail Studio (CR)</b>  <b>2:30 Let the good times roll with Gary Landgren (CR)</b> 3:00 Café Wtermelon (CR)  <b>4:00 Space Traveling (53)</b> 5:00 Dinner Theater (24) 	<b>12 Shooting Stars Days</b>  Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR)</b>  <b>2:00 VIP Visits (RR)</b> <b>2:00 Sky is the limit Bingo (CR/53)</b> 3:00 Cup of Conversation (CR) <b>4:00 Spanish Eve (53)</b> <b>6:00 Noah's Game Night (CR)</b>	<b>13 Southpaw Day</b>  Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) <b>10:30 Painting Class &amp; Manicures (CR)</b> <b>2:00 Lucky Left-Handers @ the slot machine &amp; Happy Hour (CR)</b> <b>5:00 MOVIE NIGHT (53)</b>  	<b>14 Creamsicle Day</b>  Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) <b>10:00 Creamsicle Cake Mix Baking (CR)</b>   <b>11:00 St. Francis Communion Service (OD)</b> <b>2:00 VIP Visits (RR)</b> <b>2:00 Bingo (CR/53)</b> 3:00 Snack & Chat (CR) <b>5:00 Rosary Resonate (53)</b>	<b>15 Luau BBQ</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10 "MAUI" Categories (CR)</b> <b>11:00 First Congregational Church Service (CR)</b> <b>12:00 Luau BBQ Lunch</b> 2:30 Aloha! (CR)  3:30 Mix & Mingle (OD/LD) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	<b>16 World Honey Bee Day</b>  Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30  <b>Games (CR)</b> 2:00 BINGO (53/CR) <b>3:00 Summertime Ice Cream Time! (CR)</b> <b>3:30 7th Day Adventist Church Service (R)</b> <b>4:00 NATIONAL GEOGRAPHIC (53)</b>
<b>17 World Helicopter Day</b>  Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b>  <b>2:00 Sunday Lemonade &amp; Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b>	<b>18 Keep Your Cool Day</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) <b>10:00 Nail Studio (CR)</b>  <b>2:30 Sing &amp; Chill with performer P.E. James &amp; Cool Piña Coladas (CR)</b> <b>4:00 Space Traveling (53)</b> 5:00 Dinner Theater (24) 	<b>19 Humanitarian Day</b>  Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Catholic Mass with Fr. Miguel Pagan &amp; Rosary Service (CR/53)</b>  <b>2:00 VIP Visits (RR)</b> <b>2:00 Heart 2 Heart Bingo! CR/53)</b> 3:00 Cup of Conversation (CR) <b>4:00 Spanish Eve (53)</b> <b>6:00 Noah's Game Night (CR)</b>	<b>20 National Football League Day ~ 1920</b>  Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) <b>10:30 Painting Class &amp; Manicures (CR)</b> <b>2:00 Touchdown Musical Chair &amp; Happy Hour (CR)</b> <b>5:00 MOVIE NIGHT (53)</b>  	<b>21 Hawaii Becomes a State ~ 1959</b>  Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) <b>10:30 Hawaiian Flora &amp; Fauna Word Games (CR)</b>  <b>2:00 VIP Visits (RR)</b> <b>2:00 Bingo (CR/53)</b> 3:30 Mix & Mingle (OD/LD) <b>5:00 Rosary Resonate (53)</b>	<b>22 Be an Angel Day</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) 10:30  <b>Card Games (CR)</b> <b>2:00 Heavenly Mystery Auction (CR)</b>  3:00 Mix & Mingle (CR) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	<b>23 "Singin' in the Rain" Day</b>  Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30  <b>Games (CR)</b> 2:00 BINGO (53/CR) <b>3:00 Laugh &amp; Lounge Comedy Hour (OD/LD)</b> <b>4:00 NATIONAL GEOGRAPHIC (53)</b>
<b>24/31 Remembering Princess Diana</b>  Morning Greetings (RR) <b>9:00 Sunday Jazz (53)</b> 9:30 Silver Sneakers Fitness (CR) <b>10:30 Spiritual Hymns &amp; Songs (CR)</b> <b>11:00 St. Francis Church Service (CR)</b>  <b>2:00 Sunday Lemonade &amp; Matinee (CR/53)</b> <b>4:00 Classical Music (53)</b>	<b>25 Wizard of Oz Day</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Stretch & Tone (CR) 10:00  <b>2:30 Happy Birthday Bash with Heather at the Ice Cream Stand (C)</b>  <b>4:00 Space Traveling (53)</b> 5:00 Dinner Theater (24) 	<b>26 Yellow Brick Road Day</b>  Morning Greetings (RR) <b>9:00 Tuesday Tunes (53)</b> 9:30 AM Workout (CR) <b>10:30 Rosary &amp; Prayer Service ~ St. Mary's Church (CR)</b>  <b>2:00 VIP Visits (RR)</b> <b>2:00 Over the Rainbow Bingo (CR/53)</b> <b>4:00 Spanish Eve (53)</b> <b>6:00 Resident &amp; Family Fun Night with Performer, Clyde Wheatley (C)</b> 	<b>27 Just Because Day</b>  Morning Greetings (RR) <b>9:00 Classic Cartoons (53)</b> 9:30 Positive Thinking & Yogacize! (CR) <b>10:30 Painting Class (CR)</b>  <b>2:00 M&amp;M Music &amp; Manicures (CR)</b>  3:30 Mix & Mingle (OD/LD) <b>5:00 MOVIE NIGHT (53)</b>	<b>28 Thoughtful Day</b>  Morning Greetings (RR) <b>9:00 Country Music (53)</b> 9:30 Friendly Fitness (CR) <b>10:00 Flower Power Arts &amp; Crafts (CR)</b>  <b>2:00 VIP Visits (RR)</b> 1:30 Resident Council (CR) <b>2:00 Bingo (CR/53)</b> 3:30 Mix & Mingle (OD/LD) <b>5:00 Rosary Resonate (53)</b>	<b>29 Chuckwagon Day</b>  Morning Greetings (RR) <b>9:00 Virtual Pet Visits (53)</b> 9:30 Up & At'Em! Gym (CR) <b>10 Chuckwagon Race (CR)</b>  <b>12 Resident Courtyard BBQ</b> 2:00 Get on the Bandwagon (CR)  3:30 Mix & Mingle (OD/LD) <b>4:00 Armchair Travels (53)</b> <b>Shabbat Shalom</b>	<b>30 Beach Day</b>  Morning Greetings (RR) <b>9:00 Gameshows (53)</b> 9:30 Exercise (CR) 10:30  <b>Games (CR)</b> 2:00 BINGO (53/CR) <b>3:00 Summertime Ice Cream Time! (CR)</b> <b>4:00 NATIONAL GEOGRAPHIC (53)</b>