

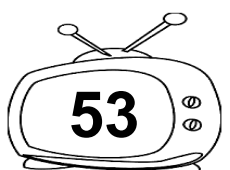
HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



2025 November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER 2025 <i>Please observe or Join our activity programs All activities subjects to change with or without notice to better meet the needs and safety of the residents.</i>	Broadcasting Live!! Special Activity Programs   riol TV Network Channel 53 Please Tune In! 	Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits	SPECIAL DAYS All Saints' Day November 1 Daylight Saving Ends November 2 Election Day November 4 Veterans Day November 11 National Cake Day November 26 Thanksgiving November 27 	 <i>Happy Thanksgiving Day!</i> 	November Riddle <i>What letter comes next in the following sequence? M, A, M, J, J, A, S, O, — Answer: N, for November. The letters represent the first letter of each month, beginning with March.</i>	1 All Saints' Day Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Funfinity with Youth Group from ST. Columba Church (CR) 2:00  (CR/53) 3:00 Cup of Conversation (CR) 4:00  NATIONAL GEOGRAPHIC (53) 6:00 "Saturday Night Live" with Courtney (CR)
2 Standard Time Resumes  Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR)  11:00 St. Francis Church Service (CR)  2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) 6:00 PlayPalooza Game Night (CR)	3 SOS Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30  Manicures (CR)  Nail Salon 2:00 PO-KE-NO (CR)  & Happy Hour 3:00 The Rustic Mug Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 	4 Amazing Chimpanzees Day Morning Greetings (RR) 9:00 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR)  2:00 VIP Visits (RR)  2:00 "Monkey see, Monkeys do" Bingo! (CR/53) 3:00 Chunky Monkey Smoothies (CR)  4:00 Spanish Eve (53)	5 Full Moon Day Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:30  Manicures (CR)  Nail Salon 10:30 Painting Class (CR) 1:00 VIP Visits with Therapy Dog, Minnie  2:00 PO-KE-NO (CR)  & Happy Hour 5:00 MOVIE NIGHT (53) 	6 Men Make Dinner Day Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Men make dinner (CR)  2:00 VIP Visits (RR) 2:00 Bravo Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)	7 Jersey Friday Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 In the Stadium Hangman (CR)  10:30 Friday Frenzy with Jim (CR) 11:00 First Congregational Church Service (CR)  2:00 Sports-A-Thon (CR) 3:30 Mix & Mingle (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom	8 Abet and Aid Punsters Day Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Tons of Puns! Dice Games (CR)  2:00  (CR/53) 3:00 Cup of Conversation (CR) 4:00  NATIONAL GEOGRAPHIC (53)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 Chrysanthemum Day Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)	10 Hope Diamond Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Manicures (CR) Nail Salon 2:30 Music played with true panache by Clyde Wheatley (CR) 2:30 Pumpkin Spice Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)	11 Veterans Day Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Catholic Mass with Fr. Miguel Pagan & Rosary Service (CR/53) 2:00 VIP Visits (RR) 2:00 Heroes Bingo! (CR/53) THANK YOU VETERANS 3:00 Cherry Pie & Coffee Canteen (CR) 4:00 Spanish Eve (53)	12 Chicken Soup for the Soul Day Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Painting Class (CR) 1:30 Dining Committee (CR) 2:00 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53)	13 World Kindness Day Morning Greetings (RR) 9:00 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Thanksgiving Greeting Cards Writing (CR) 11:00 St. Francis Church Communion Service (OD) 2:00 VIP Visits (RR) 2:00 ♥ Bingo (OD/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)	14 Teddy Bear & Pajama Day Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 'Theodore Roosevelt' Word Mining (CR) 2:00 Pass the Bear ~ Musical Chair (CR) 3:30 Mix & Mingle (CR) 4:00 Armchair Travels (53) Shabbat Shalom	15 Sing a Song Saturday Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Melody Mash-Up Sing-A-Long 2:00 turkey BINGO (CR/53) 3:00 Cup of Conversation (CR) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 "Saturday Night Live" with Courtney (CR)
16 Aviation History Day Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) 6:00 PlayPalooza Game Night (CR)	17 World Peace Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Manicures (CR) Nail Salon 2:30 Happy Birthday Party with Gary (CR) 3:00 Make a Wish! Cake & Coffee Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)	18 Happy Birthday, Mickey Mouse Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) 2:00 Orlando Bingo! (CR/53) 3:00 Say, Cheese! Clubhouse (CR) 4:00 Spanish Eve (53)	19 National Men's Day Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Painting Class (CR) 2:00 Howdy, Pilgrim! Welcome Elaina (CR) 5:00 MOVIE NIGHT (53)	20 Let's Talk Turkey Thursday Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 VIP Visits with Therapy Dog, Stella 10:30 Flutter like a Turkey Balloon Volleyball (CR) 2:00 VIP Visits (RR) 2:00 Wishbone Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Rosary Resonate (53)	21 Puttin' On the Ritz Day Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 "RITZ" Categories (CR) 10:30 Friday Frenzy with Jim (CR) 2:00 Ritzy Tea Party (CR) 3:30 Mix & Mingle (OD/LD) 4:00 Armchair Travels (53) Shabbat Shalom	22 "You've Got a Friend in Me" Day Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 BFF Ball Games (CR) 2:00 turkey BINGO (CR/53) 3:00 Cup of Conversation (CR) 3:30 7th Day Adventist Church Service (R) 4:00 NATIONAL GEOGRAPHIC (53)
23 & 30 Wishbone Day Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) 6:00 PlayPalooza Game Night (CR)	24 Solve a Crime Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Crime Lab Manicures (CR) Nail Salon 1:30 Resident Council (CR) 2:00 A Murder Mystery Party & "Deadly" Delicacies (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)	25 Musical Comedy Day Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) 2:00 Broadway Bingo! (CR/53) 3:00 Laugh & Lounge Café (CR) 4:00 Spanish Eve (53)	26 Casablanca's Day ~1942 Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Painting Class (CR) 2:00 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53)	27 Happy Thanksgiving Morning Greetings (RR) 9:30 Friendly Fitness (CR) 9:30 Country Music (53) 10:00 MACY'S THANKSGIVING DAY PARADE (CR) 2:00 Gobble Bingo (CR) 3:30 Turkey ~ Bowl Football (OD/LD) 4:00 Rosary Resonate (53)	28 Shop 'til You Drop Day Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Up & At'Em! Gym (CR) 10:00 "Doorbusters" Word Mining (CR) 2:00 Name that Holiday Tune (CR) 3:30 Mix & Mingle (CR) 4:00 Armchair Travels (53) Shabbat Shalom	29 Small Business Day Morning Greetings (RR) 10:30 Gameshows (53) 9:30 Weekend Workout (CR) 10:30 The Price is Right Broadcast (CR) 2:00 turkey BINGO (CR/53) 3:00 Cup of Conversation (CR) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 "Saturday Night Live" with Courtney (CR)