

HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett

(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPECIAL DAYS Hanukkah December 14 Winter Begins December 21 Christmas Eve December 24 Christmas December 25 Kwanzaa December 26 New Year's Eve December 31 	1 Welcome to December Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Sugar Plum Spa Manicures (CR) 2:00 Deck the Halls Kickoff the Holidays with Lucy & Sarah (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 	2 Holiday Colors Day Morning Greetings (RR) 9:30 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) (CR/53) 2:00 Season BINGO 3:00 Radio City Christmas: The Rockettes & Holly ~ Jolly Happy Hour (CR) 5 Christmas Nostalgia (53)	3 Neon Lights Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 2 VIP Visits with Therapy Dog, Minnie 2:00 Sugar Plum Spa Manicures (CR) 3:30 Jingle Mingle Social (OD/LD) 4:00 WALT DISNEY (53)	4 Santa's List Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 "GRINCH" Categories Word Game (CR) 2:00 BLITZEN BINGO (CR/53) 3 Tinsel Town Tea*Time (CR) 3:30 Christmas Special Daisies & Brownies (CR) 5:00 Rosary Resonate (53)	5 Holiday Folklore Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Balloon Blizzard Jingle-Bell-Gym with Jim (CR) 11:00 First Congregational Christmas Service (CR) 2:00 Reindeer Antler Ring Toss Game (CR) 3:00 The "Misfits" Friendship Circle (OD) 4:00 Armchair Travels (53) Shabbat Shalom	6 St. Nicholas Day Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53) 10:30 Ara's VIP Visits (W) 10:30 North Pole Marathon Dice Games (CR) 2:00 HO HO HO BINGO (CR) 3:00 Open Eggnog Bar (CR) 3:30 Joyful Caroling with Youth Group from ST. Columba Church (CR) 4:00 NATIONAL GEOGRAPHIC (53)
7 Anniversary of Pearl Harbor Morning Greetings (RR) 9:30 Holiday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53)	8 Time Traveler Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Sugar Plum Spa Manicures (CR) 2:30 Rockin' around the Christmas tree with Rusty (CR) 4:00 The "Misfits" Friendship Circle (OD/LD) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 	9 Christmas Card Day -1843 Morning Greetings (RR) 9:30 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 Season BINGO (CR/53) 3:00 Dean Martin & Frank Sinatra Christmas Show (53) 5 Christmas Nostalgia (53)	10 Winter Wonderland Wednesday Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 12 Town of Holden Clergy Christmas Caroling 2:00 Sugar Plum Spa Manicures (CR) 3:30 Jingle Mingle Social (OD/LD) 4:00 WALT DISNEY (53)	11 Let It Snow! Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Doily Angels Craft (CR) 11 Christmas Service with St. Francis Church (CR) 2:00 BLITZEN BINGO (CR/53) 3 Tinsel Town Tea*Time (CR) 5:00 Rosary Resonate (53)	12 Poinsettia Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Sending Warm Wishes (CR) 2:00 PO-KE-NO (CR) 3:00 Cup of Bliss (CR) 4:00 Armchair Travels (53) Shabbat Shalom	13 Gingerbread House Day Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 "Mistletoe and Holly" Word Mining (CR) 2:00 HO HO HO BINGO (CR) 3:00 Open Eggnog Bar (CR) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 "Saturday Night Live" with Courtney (CR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14 World Choral Day Morning Greetings (RR) 9:30 Holiday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns (CR) 11:00 St. Francis Church Service (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53) 6:00 "Naughty & Nice" Game Night (CR) Happy Hanukkah Begins</p>	<p>15 A Grinch Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Sugar Plum Spa Manicures (CR) 2:30 Holiday Birthday Party with Gary (CR) 2:30 Make a Wish! Cake & Coffee Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>16 Gift Wrapping Day Morning Greetings (RR) 9:30 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) (CR/53) 2:00 Season BINGO 3:00 The Andy Williams Christmas Show & Holly ~ Jolly Happy Hour (CR) 5 Christmas Nostalgia (53)</p>	<p>17 It's Syrup Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 2 Sugar Plum Spa Manicures (CR) 3:30 Jingle Mingle Social (OD/LD) 4:00 Walt Disney (53)</p>	<p>18 Baking Cookies Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:00 VIP Visits with Therapy Dog, Stella 10:30 Santa's Alley (CR) 1:30 Dining Committee (CR) 2:00 (CR/53) 3Tinsel Town Tea*Time (CR) 5:00 Rosary Resonate (53)</p>	<p>19 Ugly Sweater Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Balloon Blizzard Jingle-Bell-Gym with Jim (CR) 2Twelve Days Of Christmas, Word Game (CR) 3:00 The "Misfits" Friendship Circle (OD) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>20 Go Caroling Day Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53) 10:30 Reindeer Marathon Dice Games (OD) 2:00 Ho Ho Ho BINGO (CR) 3:00 Open Eggnog Bar (CR) 3:30 7th Day Adventist Church Christmas Service (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>21 First Day of Winter Morning Greetings (RR) 9:30 Holiday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>22 Ornament Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Sugar Plum Spa Manicures (CR) 2:30 WINTER WONDERLAND Spectacular with Heather Marie (CR) 4:00 The "Misfits" Friendship Circle (OD/LD) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>23 Candy Cane Day Morning Greetings (RR) 9:30 Wonderland Zen (53) 9:30 AM Workout (CR) 10 Christmas Mass with Fr. Miguel Pagan & Rosary Service (CR/53) 2:00 Season BINGO (CR/53) 3:00 Radio City Hall Christmas Spectacular: The Rockettes (53) 5 Christmas Nostalgia (53)</p>	<p>24 Eggnog Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 2 Sugar Plum Spa Manicures (CR) 3:30 Jingle Mingle Social (OD/LD) 4:00 Walt Disney (53) Christmas Eve</p>	<p>25 Merry Christmas Morning Greetings 9:30 Fitness (CR) 10:00 Country Christmas Tunes (53) 10 Tinsel Style Art (CR) 2:00 Blitzen Bingo & Jubilee Social (CR) 5 Rosary Resonate (53)</p>	<p>26 Fruitcake Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Fruitcake Toss Musical Chair (CR) 2:00 PO-KE-NO (CR) 3:00 Cup of Bliss (CR) 4:00 Armchair Travels (53) Kwanzaa Shabbat Shalom</p>	<p>27 Candy Cane Day Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 "Festival of Lights" Word Mining (CR) 2:00 Ho Ho Ho BINGO (CR) 3:00 Open Eggnog Bar (CR) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 "Saturday Night Live" with Courtney (CR)</p>
<p>28 Chocolate Candy Day Morning Greetings (RR) 9:30 Holiday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns (CR) 11:00 St. Francis Church Service (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53) 6:00 "Naughty & Nice" Game Night (CR)</p>	<p>29 Tick Tock Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Sugar Plum Spa Manicures (CR) 1:30 Resident Council (CR) 2:00 New Year's Eve Party Hats Crafts (CR) 3:00 Café Noel (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>30 Kick Back Day Morning Greetings (RR) 9:30 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 VIP Visits (RR) (CR/53) 2:00 Season BINGO 3:00 Lawrence Welk from The Champagne Theater & Happy Hour (CR) 5 Christmas Nostalgia (53)</p>	<p>31 Champagne Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10 Holiday Cartoons (53) 10:30 Painting Class, Free Style Art & Sugar Plum Spa Manicures (CR) 2:30 Countdown to the New Year 2026 with P.E. James ((CR) 4:00 Walt Disney (53)</p>	<p>riol TV Network on Channel 53 Broadcasting Live!! Special Activity Programs LIVE STREAMING NEW! Spanish TV on Channel 23</p>	<p>DECEMBER 2025 Please observe or Join our activity programs All activities subject to change with or without notice to better meet the needs and safety of the residents.</p>	<p>Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>