

HOLDEN REHABILITATION & SKILLED NURSING CENTER



(CR) Community Room (CS) Coffee Shop (W) Wachusett

(53) Oriol TV Network (C) Courtyard (RR) Resident Rooms

(LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 World Compliment Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Worship (CR) 11:00 Chapel Service with St. Francis Church (CR) 2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>2 Joyous Monday! Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail & Hand Massage (CR) 2:30 Dixieland Jazz with Louis (CR) 2:30 Groovy Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 6:00 Tickle your Funny Bone! (CR) Purim Begins at Sundown</p>	<p>3 Graham Bell's Birthday ~ 1847</p> <p>Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Hello! Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Tropical Paradise (53)</p>	<p>4 Courageous Followers Day</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 "Simon's" Nail Studio & Hand Massage (CR) 3:30 Follow the Leader! Zumba Gold (CR) 4:00 Walt Disney (53) 6:00 Trivia Night (CR)</p>	<p>5 Hit the Target Day</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 9:30 Annie Oakley Bowling Alley (CR) 11:00 First Congregational Service (CR) 2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>6 Michelangelo's Birthday ~ 1475</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Word Mining "Michelangelo" (CR) 2:00 PO-KE-NO 3:30 Museum Café (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>7 "We Are the World" Day ~ 1985</p> <p>Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Classic Gameshows (53) happy WEEKEND! 10:30 Fun & Games with Youth Group from ST. Columba Church (CR) 2:00 BINGO (53/CR) 3:00 Jazz & Open Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>8 Daylight Saving Time Begins</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Worship (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>9 Chip Chat Day</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail & Hand Massage (CR) 2:30 Music played with true Panache by Clyde (CR) 2:30 Nachos Bistro (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) 6:00 Tickle your Funny Bone! (CR)</p>	<p>10 Clover All Over Day</p> <p>Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Lucky Charm Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Tropical Paradise (53)</p>	<p>11 "Don't Worry, Be Happy" Day</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Blissful Colors Nail Studio & Hand Massage (CR) 3:30 Happy Feet! Kickball (CR) 4:00 Walt Disney (53) 6:00 Trivia Night (CR)</p>	<p>12 Bermuda Day</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 9:30 Beach Ball Volleyball (CR) 11:00 St. Frances Church ~ Chapel Service (CR) 2:00 Bingo Bay (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>13 Herbie the Love Bug Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Love Bugs' Brunch & Tune in with Jim (CR) 2:00 PO-KE-NO (CR) 3:30 VW Film Festival (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>14 Pi Day ~ 3.14</p> <p>Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Gameshows (53) happy WEEKEND! Games (CR) 2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2:00 BINGO (53/CR) 3:00 Jazz & Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 Oscar Sunday Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Worship (CR) 11:00 Chapel Service with St. Francis Church (CR) 2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2 Sunday Matinee (53) 2:00 Special Bash with Gail Rundlett (CR) 4:00 Classical Music (53) 6 Twilight Game Nigh (CR) 7:00 Oscar Night on ABC</p>  	<p>16 Musical Magic Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail & Hand Massage (CR) 2:00 Rockin' & Hand Massage "Tiny Bubbles" & Name that Tune! (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>   	<p>17 HAPPY ST. PATRICK'S DAY Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 BINGO (CR/53) 3:30 SHAKE YOUR SHAMROCK Rusty (CR) 5:00 Tropical Paradise (53)</p>   	<p>18 Western Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Y'All, Saddle Up Nail Studio & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 Western Movie Night (53)</p>  	<p>19 Swallows Return Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:00 Birdie ~ Golf Tournament (CR) 1:30 Dining Committee (CR) 2:00 Bingo Flock (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p> 	<p>20 Spring Equinox Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "SPRING" Categories (CR) 2:00 PO-KE-NO (CR) 3:30 Café Hug in a Mug (CR) 4:00 Armchair Travels (53) Shabbat Shalom 6:00 "Spring Fever" Games with Noah (CR)</p>  	<p>21 Aries the Ram Day Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Gameshows (53) 10:30 happy WEEKEND! Games (CR) 2:00 BINGO (53/CR) 3:00 Jazz & Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>   
<p>22 As Young As You Feel Day Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 St. Patrick's Day Party welcome the Bean Brothers (CR) 4:00 Classical Music (53)</p>  	<p>23 Cuddly Kitten Day Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail & Hand Massage (CR) 2:00 "Do not let the cat out of the Hat" Musical Chair (CR) 3:00 "Purr-fect" Cafe 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>   	<p>24 Celebrate Anything Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Happy Bingo Day (CR/53) 3:00 Snack & Chat (CR) 5:00 Tropical Paradise (53)</p> 	<p>25 Baseball Opening Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Grand Slam Nail Studio & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 Walt Disney (53)</p>  	<p>26 Kuhio Day Hawaiian Holiday Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:00 Coconut Club ~ Do The Hullah! (CR) 2:00 Aloha Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p> 	<p>27 World Theatre Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "Parasol Party" with Jim (CR) 2:00 PO-KE-NO (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 Armchair Travels (53) 6:00 Spring ~ Fling with Heather (CR) Shabbat Shalom</p>  	<p>28 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Gameshows (53) 10:30 happy WEEKEND! Games (CR) 2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2:00 BINGO (53/CR) 3:30 7th Day Adventist Church Service (R) 4:00 NATIONAL GEOGRAPHIC (53) 6:00 Saturday Night Live with Ava (CR)</p>   
<p>29 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Fitness (CR) 10:30 Spiritual Hymns & Worship (CR) 11:00 Chapel Service with St. Francis Church (CR) 2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53) 6 Twilight Game Nigh (CR)</p>  	<p>30 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Nail & Hand Massage (CR) 1:30 Resident Council (CR) 2:30 Birthday Party with Gary (CR) 2:30 Make a Wish! Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>   	<p>31 Eiffel Tower's Birthday ~ 1889 Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Bonjour Bingo (CR/53) 3:00 Snack & Chat (CR) 5:00 Tropical Paradise (53)</p> 	<p>Special Days Women's Day March 8 St. Patrick's Day March 17 Spring Equinox March 20 Palm Sunday March 29</p> 	<p>Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>Broadcasting Live!! Special Activity Programs LIVE STREAMING Oriol TV Network Channel 53 Please Tune In! NEW!! Spanish TV on Ch23</p>  	<p>MARCH 2026 Please observe or Join our activity programs. All activities subject to change with or without notice to better meet the needs and safety of the residents.</p>