

HOLDEN REHABILITATION & SKILLED NURSING CENTER

(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>APRIL 2026 Please observe or Join our activity programs All activities subject to change with or without notice to better meet the needs and safety of the residents.</p>	<p>Special Days April Fools' Day April 1 Good Friday April 3 Easter April 5 Tax Day April 15 Earth Day April 22</p>	<p>Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>1 April Fools' Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Posh Manicures & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 Walt Disney (53) HAPPY Passover Begins at Sundown</p>	<p>2 PB&J (Peanut Butter and Jelly) Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:30 PB&J "Jig" (CR) 2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>3 Good Friday Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "Traditional Hot Cross Buns" ~ Mining (CR) 2:00 PO-KE-NO (CR) 3:30 Café Hug in a Mug (CR) 4:00 Armchair Travels (53) 6:00 "Spring Fever" Games with Noah (CR) Shabbat Shalom</p>	<p>4 Bye Bye Birdie Day ~ 1963 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Classic Gameshows (53) 10:30 happy WEEKEND! Meet the Ombudsman Hour (CR) 2:00 BINGO (53/CR) 3:00 Jazz & Juice Bar! (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>5 Happy Easter Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Fitness (CR) 10:00 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 1:30 Easter Bunny Hugs & Photo-Op (CR) 3:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>6 Caramel Popcorn Day Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Posh Manicures & Hand Massage (CR) 2:00 name that tune (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>	<p>7 Beaver Day Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10:15 Catholic Mass with Fr. Hanlon & Rosary Service (CR/53) 2:00 Busy Beaver Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 "Ombudsman" Informative Video (53) 5:00 Tropical Paradise (53)</p>	<p>8 Pick Up a Penny Day Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Posh Manicures & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 WALT DISNEY (53)</p>	<p>9 SpringFling Divas Day Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:00 - 11:30 Shopping Spree, Caring Concepts (CR) 2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>10 Community Spirit Day Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Care for Paws Community Outreach with Jim (CR) 2:00 PO-KE-NO (CR) 3:30 Café Hug in a Mug (CR) 4:00 Armchair Travels (53) 6:00 "Spring Fever" Games with Noah (CR) Shabbat Shalom</p>	<p>11 Last Day of Spring-Cleaning Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Classic Gameshows (53) 10:30 happy WEEKEND! Early Bird Bingo (53/CR) 2:30 Tea & Cookies with the Girl Scouts (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12 Walk on Your Wild Side Day</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:00 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) </p> <p>2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53) 6 Twilight Game Night (CR)</p>	<p>13 Tap, Tap, Tap Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Posh Manicures & Hand Massage (CR) 2:30 Tap & Clap Party with P.E. (CR) 2:30 Café Boogie (CR)  4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>14 Laughter Day</p> <p>Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) </p> <p>2:00 HAPPY BINGO (53/CR)  3:00 Snack & Chat (CR) 4:00 "Ombudsman" Informative Video (53) 5:00 Tropical Paradise (53)</p>	<p>15 Sinking of Titanic Anniversary</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 1:30 Dining Committee (CR) 2:00 Posh Manicures & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 WALT DISNEY (53) </p>	<p>16 Fiesta San Antonio Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:30 Deep in the Heart of Texas, Fried Dough Bash (CR) </p> <p>11 St. Francis Church Communion Service (OD) 2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>17 Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:00 "HERBS" Categories (CR) 11:00 First Congregational Service (CR) </p> <p>2:00 O-KE-NO (CR)  3 Café Hug in a Mug (CR) 4:00 Armchair Travels (53)  6:00 Family Fun Night with Gary (CR)  Shabbat Shalom</p>	<p>18 Holland Flower Parade</p> <p>Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Classic Gameshows (53) 10:30 happy WEEKEND! Games (CR)  2:00 BINGO (53/CR)  3:00 Jazz & Juice Bar! (CR)  4:00 NATIONAL GEOGRAPHIC (53) </p>
<p>19 National Volunteer Week</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:00 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) </p> <p>2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>20 Just Rollin' Along Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Posh Manicures & Hand Massage (CR) 2:30 Let the good times ROLL! With Heather (CR) 2:30 Marble-ous Café (CR)  4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>21 Heads or Tails Day</p> <p>Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) </p> <p>2:00 Coin Flipper Bingo (CR/53)  3:00 Snack & Chat (CR)  4:00 "Ombudsman" Informative Video (53) 5:00 Tropical Paradise (53)</p>	<p>22 Earth Day</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting Class & Free Style Art/Craft (CR) 2:00 Posh Manicures & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 WALT DISNEY (53) </p>	<p>23 America's Li'l Sweetheart ~ 1928</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:00 VIP Visits with Therapy Dog, Stella  10:30 Shirley Temple Paper Doll Craft (CR)  2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>24 Soda Fountain Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10 Cake Mix & Soda ~ Baking & Jim's Music (CR) </p> <p>2:00 Casino Lounge  & Café Jackpot (CR)  4:00 Armchair Travels (53) 6 Games with Noah (CR) Shabbat Shalom</p>	<p>25 Morning Greetings (RR) 9:30 Weekend Workout (CR) 1:30 Gameshows (53) 10:30 happy WEEKEND! Games (CR)  2 ~ 4 Sarah's Sanctuary Sensory Connection (W) 2:00 BINGO (53/CR)  3:30 7th Day Adventist Church Service (R)  4:00 NATIONAL GEOGRAPHIC (53)  6:00 Saturday Night Live with Ava (CR)</p>
<p>26 Carol Burnett ~ 1933</p> <p>Morning Greetings (RR) 9:00 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:00 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) </p> <p>2:00 Sunday Matinee (CR/53)  4:00 Classical Music (53) 6 Twilight Game Night (CR)</p>	<p>27 Babe Ruth Day</p> <p>Morning Greetings (RR) 9:00 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Posh Manicures & Hand Massage (CR) 2:30 Happy Birthday Party with Rusty (CR)  2:30 Make a Wish Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>28 Superhero Day</p> <p>Morning Greetings (RR) 9:00 Nature Zen (53) 9:30 AM Workout (CR) 10 VIP Visits with Judy (W) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) </p> <p>2 Bingo BATMAN (CR/53)  3:00 Snack & Chat (CR) 4:00 "Ombudsman" Informative Video (53) 5:00 Tropical Paradise (53)</p>	<p>29 International Dance Day</p> <p>Morning Greetings (RR) 9:30 Positive Thinking & Namaste Yogacize (CR) 10:00 Classic Cartoons (53) 10:30 Painting & Free Style Art/Craft (CR) 1:30 Resident Council (CR) 2:30 Posh Manicures & Hand Massage (CR) 3:30 Mix & Mingle Social (OD/LD) 4:00 WALT DISNEY (53) </p>	<p>30 Good Hair Day</p> <p>Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 VIP Visits with Judy (W) 10:30 "Let your hair down!" Bowling (CR)  2:00 Bingo (CR/53) 3:00 Cup of Conversation (CR) 5:00 Rosary Resonate (53)</p>	<p>Broadcasting Live!! Special Activity Programs</p> <p>LIVE STREAM </p> <p>Orion TV Network Channel 53 Please Tune In! 53 </p> <p>NEW!! Spanish TV on Ch23</p>	<p>April showers bring May flowers </p>