



The Oriol Foundation is a 501(c)(3) organization

THE ORIORL FOUNDATION – COMMUNITY GRIEF PEER SUPPORT GROUPS

Providing comfort, connection, and resources for
anyone navigating the journey of loss

Grief can feel overwhelming, but you don't have to face it alone. Our Peer Grief Support Groups provide a compassionate space where individuals who have experienced loss can come together to share their stories, connect, and support one another.

Each group provides emotional support, practical advice, and helpful resources to assist individuals in navigating grief, building resilience, and finding strength through shared experience.

***“Grief shared becomes grief lightened.
In community, we find comfort, healing,
and the strength to carry on.”***

When & Where – Our Community Grief Peer Support Groups:

- **West Boylston Senior Center**
120 Prescott Street, West Boylston, MA
2nd Wednesday of each month
11:00 AM–12:00 PM
- **Worcester Senior Center**
128 Providence Street, Worcester, MA
2nd Tuesday of each month
9:30–10:30 AM

You don't have to navigate grief alone. Join us to share, heal,
and find encouragement within a caring peer community.

The Oriol Foundation
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